

1.19 ILLNESS POLICY

In this Policy:

“PARTICIPANT” includes volunteers, coaches, athletes, officials, parents, or spectators.

“RINGETTE ACTIVITY” includes, but is not limited to, any in-person ringette activity such as practices, games, off-ice training, team events, meetings, and any other sanctioned ringette activity.

SYMPTOMS (Refer to the [BC CDC website](#) for a full list of symptoms):

- i. If a PARTICIPANT is exhibiting symptoms of COVID-19
 - a) Inform an individual in a position of authority (coach, team manager, program coordinator, etc.) immediately if, you feel any symptoms of COVID-19 such as fever chills, cough, shortness of breath, sore throat and painful swallowing, loss of sense of smell, headache, muscle aches, fatigue, loss of appetite, nausea or diarrhea.
 - If a PARTICIPANT feels sick and /or are showing symptoms while at ringette, they should be sent home immediately and are to contact 8-1-1 or a doctor for further guidance.
 - If a PARTICIPANT begins to feel symptoms and is not at a ringette activity, they are not to come to ringette activities and should contact Health Link BC at 8-1-1 for instructions.
- ii. PARTICIPANTS may not attend any ringette activities if they are symptomatic OR if they, or any member of their household, are awaiting the results of a COVID-19 test.

ASSESSMENT:

- i. ALL PARTICIPANTS must complete a self-assessment prior to entering the facility before EVERY ringette activity to attest that :
 - they are not feeling any of the COVID-19 symptoms;
 - are not from a household with someone exhibiting symptoms; and
 - that they have not travelled out of Canada within the previous 14 days
- ii. If a PARTICIPANT is unsure if they are experiencing symptoms of COVID-19, refer them to the COVID-19 [BC Center for Disease Control Self-Assessment tool](#) or use the COVID-19 BC Support App self-assessment tool.
- iii. If a PARTICIPANT has come in to contact with someone who is confirmed to have COVID-19:
 - a) PARTICIPANT must advise their Club Association COVID-19 Safety Officer or other Association contact or their coach. The Club Association will follow the COVID-19 Response plan.

- b) PARTICIPANT is to be removed from all ringette activities and advised to contact 811 for further instructions.
 - PARTICIPANT can return to ringette activities upon receipt of a negative COVID-19 test or after 14 days from contact with a COVID positive person.
- c) Team Staff will monitor PARTICIPANTS for any early warning signs/symptoms.

POSITIVE CONFIRMED CASE OF COVID-19:

- i. **If a PARTICIPANT tests positive for COVID-19**, the PARTICIPANT will not be permitted to return to ringette activities until they have received a negative test of the COVID-19 virus.
- ii. **Follow the direction of health officials.**

ENFORCEMENT

- i. Each Club-Association will designate a COVID-19 Safety Officer who will act as the primary contact for COVID-19 related incidents or information sharing and tracking.
- ii. All Ringette BC coaches and Team staff, as per the Return to Ringette Guidelines, are authorized to advise a PARTICIPANT that they are not permitted to attend or must leave ringette activities if they are displaying any symptoms of COVID-19.