

Ringette BC COVID-19 Parent Information

Ringette BC is beyond excited to provide our members the opportunity to participate in Ringette this season. As we progress through the Return to Ringette, the health and safety of our members must remain our number one priority. Therefore, there are important things we all need to do in order to keep ourselves and each other healthy and safe.

This COVID-19 Parent Information Pamphlet will provide parents with the necessary information to enter into this season prepared.

For more information about these topics please see the additional resources provided or contact the Ringette BC Office.

WHAT IS RINGETTE BC DOING?

PROGRESSIONS OF RETURNING TO RINGETTE: We are following a graduated Return to Ringette. The progressions may change, if restrictions by Health Authorities are amended. Ringette BC will progress through our timeline proactively but safely to ensure consistency in application of the progressions. [CLICK HERE](#)

EDUCATION: Ringette BC is providing education sessions along with resources to assist Club Associations and participants on the Return to Ringette. Training sessions will be hosted to assist administrators with understanding the Guidelines as well as creating their COVID-19 Safety Plans, to all coaches and to all officials.



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What if someone is sick?

[Illness Policy](#) – Ringette BC developed an Illness Policy including COVID-19 symptoms and assessment, what to do in instances of confirmed & suspected cases, as well as self-isolation and enforcement information.

[Response to an Outbreak](#) – This is the protocol for responding to an outbreak. All Associations have a designated COVID Safety Officer who will be responsible for following the outbreak response if a ringette participant tests positive for COVID.

Other Resources

[Ringette BC COVID-19 Resource Hub](#)
[Ringette Canada COVID-19 Resource Hub](#)
[Ringette BC Return to Ringette Guidelines viaSport Return to Sport Guidelines](#)

For more information on symptoms or the transmission of COVID-19, including information on best practices for avoiding transmission, please visit the [BC Center for Disease Control](#).

GETTING STARTED

Registration

Players in U19 and below will adhere to the [Ringette BC Registration Process Policy](#), and register in the Club Association for their geographical area.

**Health concerns should be disclosed on registration forms*

Required Documentation

[Participant Agreement](#) – In this agreement, all participants, agree to abide by the listed points when entering club facilities or participating in club activities in COVID-19.

Youth Waiver – All underaged participants must sign this waiver to participate as part of the registration process.

When attending as a parent or spectator:

- Must adhere to all guidelines including washing hands, maintaining physical distance (2m) when in facility, and, if required, wearing a non-medical face covering
- Parents should not go near the players benches or dressing rooms unless they are a designated dressing room parent for that event
- For younger athletes that may require their parents' assistance during an ice time, Team Staff should direct the child off the ice at a side entrance to their parent (where possible);

Five Principles For Every Situation

Personal Hygiene:	Stay Home if You Are Sick:	Environmental Hygiene:	Safe Social Interactions:	Physical Modifications:
<ul style="list-style-type: none">• Frequent handwashing• Cough into your sleeve• Wear a non-medical mask• No handshaking	<ul style="list-style-type: none">• Routine daily screening• Anyone with any symptoms must stay away from others• Returning travellers must self-isolate	<ul style="list-style-type: none">• More frequent cleaning• Enhance surface sanitation in high touch areas• Touch-less technology	<ul style="list-style-type: none">• Meet with small numbers of people• Maintain distance between you and people• Size of room: the bigger the better• Outdoor over indoor	<ul style="list-style-type: none">• Spacing within rooms or in transit• Room design• Plexiglass barriers• Movement of people within spaces

PREPARATION & PLANNING

Confirmed Attendance

To help Team Staff manage maximum participant allowance, attendees of ringette activities must confirm attendance a minimum of 48 hours prior.

Dressing & Equipment

Dressing - Depending on facility rules, it is likely that players will need to enter facilities partially or fully dressed. Know your facility policy! Parents may need to assist their children in: dressing at home; outside of the facility; or within a limited space and time.

Equipment - Absolutely no sharing of equipment this season.

Water – Absolutely no sharing. Players should have a water bottle that is clearly labeled with their last name. It is likely that access to fountains may be limited – come with a full bottle!

AT THE RINK

Restricted Access

Arrival & Departure - Your facility will have specific arrival and departure regulations. Know and adhere to your facility regulations for arrival/departure, participant drop-off/pick-up and entrances/exits.

Designated Areas – Your facility may have designated areas. Follow signage and directions for the designated areas for Staff, athletes, spectators and restricted areas.

Additional Measures

Screening Questions - As participants arrive for ringette activities, they must complete the Screening Questions to assess their ability to participate. Questions will be asked with a parent/guardian present before athletes enter the facility. If a participant says yes to any of the questions, they will not be permitted to participate in the activity that day and will be sent home.

Spectating Regulations

Due to the restrictions on gatherings, only one (1) parent or spectator per family may attend each event at a time. Additionally, your facility will have specific regulations to follow, know and adhere to these regulations.