

KELOWNA RINGETTE ASSOCIATION COVID – 19 Safety Plan

Progression 2 Guidelines

This safety plan is created following the guidelines set forth by Ringette BC, Ringette Canada, viaSport, WorkSafe BC, City of Kelowna, The Capital News Centre, Lake Country Arena and is for the purpose of informing our membership and about the guidelines for safer facility usage during Covid-19. This document is meant to inform and direct us as we use the facilities as guests of the facility operators and is a public document available for review to our membership and community. All information referenced below follows the [Ringette BC Return to Ringette Guidelines](https://www.ringettebc.ca/wp-content/uploads/2020/07/Ringette-BC-Return-to-Ringette-Guidelines-V12-July-7-2020-Approved.pdf) and have been approved by the board of the Kelowna Ringette Association.

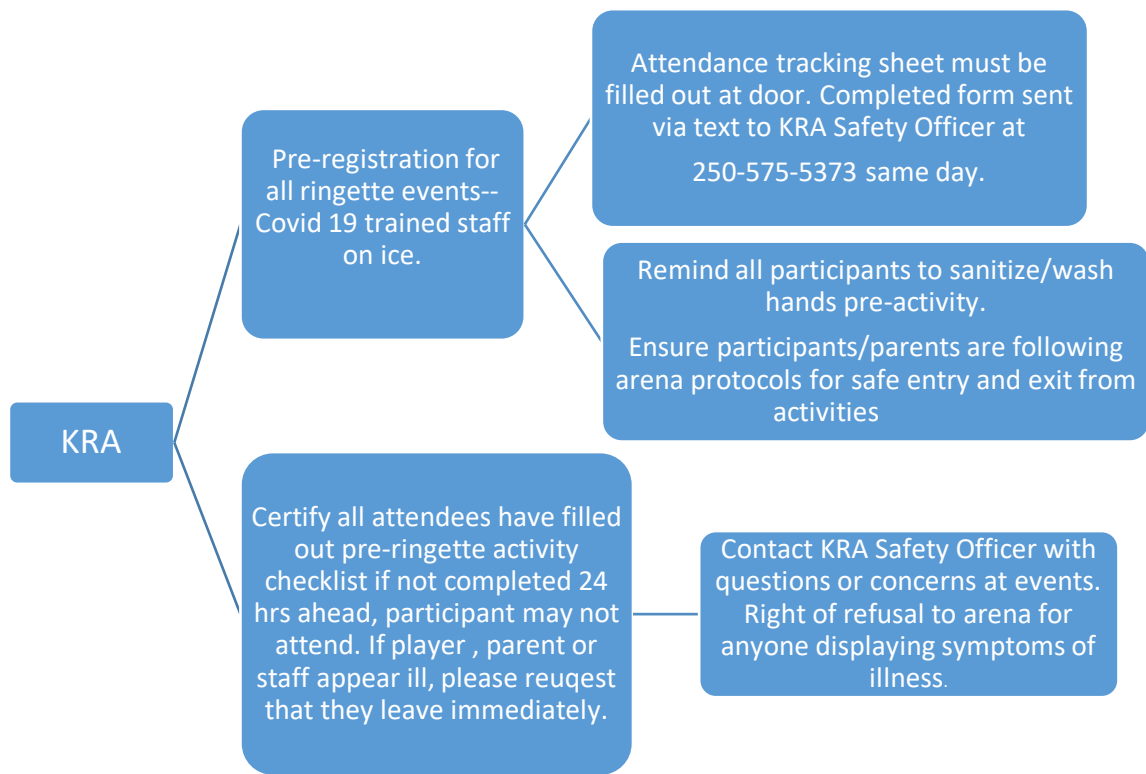
<https://www.ringettebc.ca/wp-content/uploads/2020/07/Ringette-BC-Return-to-Ringette-Guidelines-V12-July-7-2020-Approved.pdf>

Risk Assessment

We have identified the key areas where people often gather and we have created policies, procedures and guidelines to communicate how we will function differently in this space.

Arena arrivals and departures are key times where parents and players tend to gather. With the change in arrival and departure plans we aim to minimize the risk of people interacting in large numbers. NO SIBLINGS or SPECTATORS ARE ALLOWED AND ONLY 1 PARENT PER CHILD AT THE ARENA. In the stands, parents are to follow protocol and maintain physical distance in seating or standing in the designated sections. Please follow signage for arena appropriate information. Because of our ringette procedures and guidelines regarding the Rule of 2 (2 adults present for any interactions with a child), we are unable to utilize dressing rooms in our current progression except in limited circumstances. Dressing rooms at all arenas only allow for 8 members to be present at one time. Because of limited dressing rooms availability, we cannot authorize the use of dressing rooms at this time for any event with more than 6 players in attendance + 2 dressing room adults. Even in this circumstance, all users must maintain physical distance in the room as well as having only 10 minutes usage time. Every attendee must be out of the arena within 10 minutes past the end of the ringette related activity or event.

All parents and players are now being informed that they may arrive at the arena no more than 15 minutes before practices or games. They may not enter until the previous team has cleared the space and must wait outside of the arena doors (Rutland Arena main doors) or at CNC outside of the main doorway near to Boomers or the ORL. While waiting in line, please be reminded to follow protocols and avoid close physical proximity (2 metres or more distance—look for pavement markers). Please consult the Arena guidelines breakout. (Appendix A)

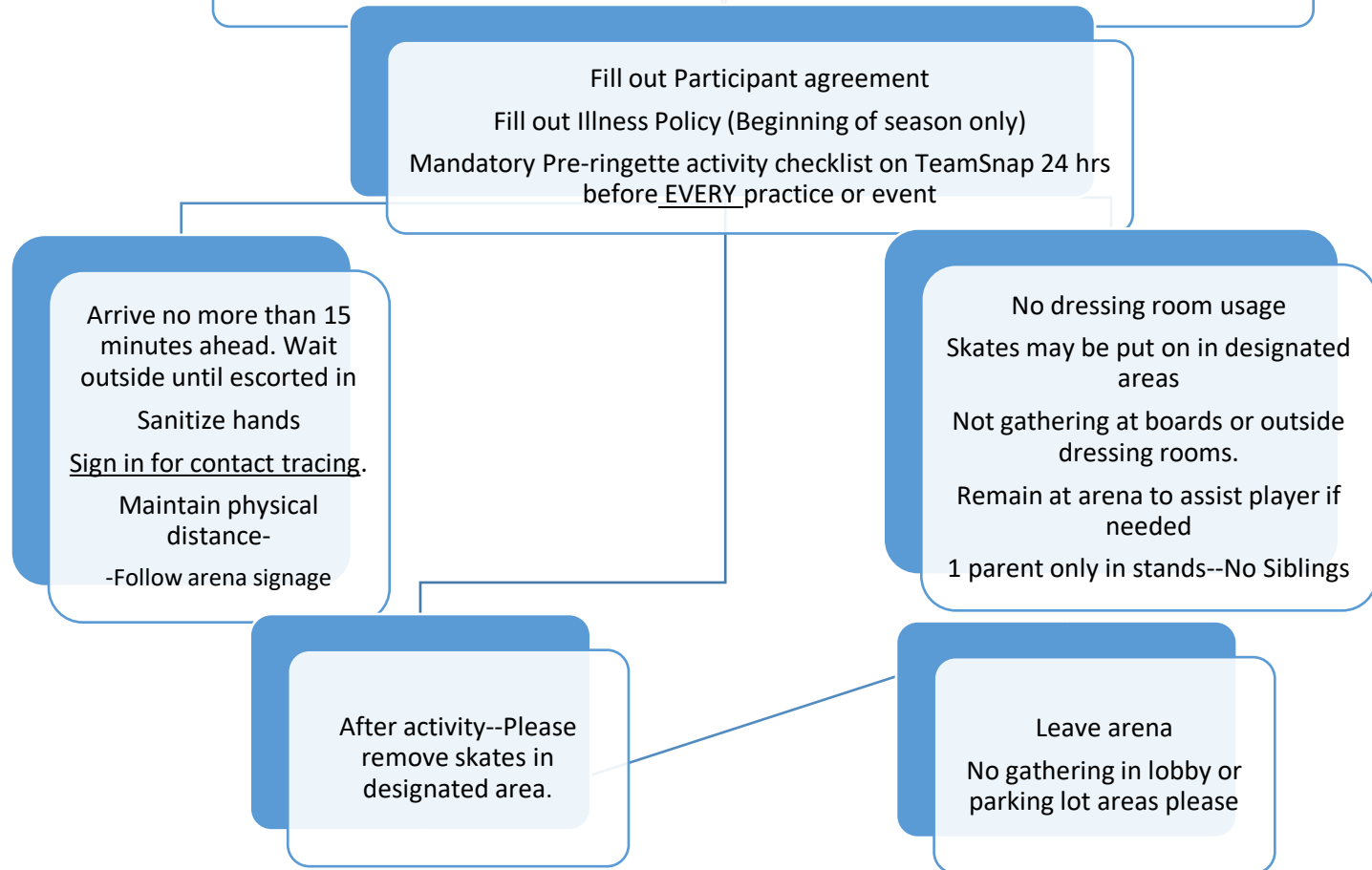


Risk Reduction

This year, all teams are required to subscribe to Team Snap to allow for appropriate contact tracing per PHAC guidelines. Contact tracing is a key element of our safety plan during Covid-19—In case of an outbreak. All players/parents are required to sign and submit the Participant Agreement (KRA Covid-19 resources on our website). This agreement will be strictly enforced for the safety of all participants.

All attendees must first signify their attendance via Team Snap and attest to their current state of wellness by completing the Pre-Activity Checklist 24 hours before attending practices or future games. (Per the Ringette BC Illness Policy and Covid-19 health guidelines-Section 5). Anyone displaying any symptoms mentioned will be asked to leave the arena immediately (This extends to parents, team staff and any attendees). Please do not attend the arena if ill or send a sick child to practice! The Safety Officer will have access to and gather all information regarding attendance for all teams per Interior Health guidelines and her contact information is readily available.

KRA Parent Arena Usage Guidelines



PARENTS AND SPECTATORS

- Maintain physical distancing requirements of 2 metres (6 feet);
- Must adhere to facility regulations and designated restricted or viewing spaces;
- Must adhere to all provincial health authority guidelines including washing hands, maintaining physical distance when in facility, and, if required, wearing a non-medical face covering;
- Due to the restrictions on gatherings over 50 people, only one (1) parent or spectator per family may attend each event game or practice at a time
 - Exceptions may apply due to the age and ability of the athlete(s)
 - Parents should not near the players benches or dressing rooms unless they are a designated dressing room parent for that event
- For younger athletes that may require their parents' assistance during an ice time, Team Staff should direct the child off the ice at a side entrance to their parent (where possible)

When participants (players, coaches, managers, parents) arrive at and leave the arena they are expected to:

- Wash their hands with soap and water or hand sanitizers (provided at the entrance).
- Absolutely NO sharing of equipment, if you bring it, no one else (Unless a family member) may touch it. For now, forgotten equipment may mean leaving practice if it's a key piece of equipment necessary for safety on ice.
- Team members are to be informed that there is NO sharing of water bottles.
- Coaches and team bench staff will be informed and trained before assuming on ice duties
- No outside food or drink permitted at the arena.
- Do not touch equipment with bare hands.

Coach and bench staff guidelines

Complete BC Ringette Coaching in Covid Training
Fill out pre-activity health assessment on TeamSnap
Follow Rule of 2 at all times
Designate team parent to be point of contact for activity checklists.
Check TeamSnap at least 12 hours before each ringette activity to ensure attendance of players
Send out practice plans at least 12 hours before practices and events

Encourage players to come ready except for skates
Remind a parent to be available at times in case player needs assistance
If notified of illness of player or parent, or you have questions or concerns---please contact KRA Safety Officer at
250-575-5373

Do not touch equipment with bare hands
No gathering at boards
Physical distancing on ice

Remind players not to touch equipment with bare hands
Ensure physical distancing on ice
Sanitize all equipment (rings, cones, common usage items) after practice
No gathering in groups on ice
Safety kit provided for use in case of on ice player injury

Remind parents to use designated skate tying areas
Remind parents to leave lobby and parking lot areas immediately after

All players, managers, coaches and other bench staff are required to:

- Have a responsible adult to supervise younger players outside the door of the Arena until allowed into the building for their ice time (No earlier than 15 minutes ahead). Players must arrive fully dressed except for skates.
- Ensure that ALL team members and team staff have filled out the Pre-Ringette Activity Checklist EACH TIME or indicated their assent on Team Snap before entering the building. (Enclosed)

As part of our Risk Reduction strategy—We have set numbers for each division to limit the number of people present at the arena in a given moment---The Public Health Agency of Canada still prohibits gatherings of 50 or more people. These guidelines are non-negotiable and strictly enforced. Please follow changeroom guidelines set forth by individual arenas as attached.

Our program guidelines by age group are as follows:

Contact information for all divisions will be updated at a later date.

<p>U10 & Under (Including FUNdamentals)</p>	<table border="0"> <tr> <td>Space</td> <td>Group Size</td> <td>Staff</td> <td>Family Group Size</td> </tr> <tr> <td>Full Sheet</td> <td>20 maximum</td> <td>1 coach : 6 athletes</td> <td>1 parent per player</td> </tr> </table> <p>SPECIAL NOTE FOR U10 and Under(FUNdamentals)</p>	Space	Group Size	Staff	Family Group Size	Full Sheet	20 maximum	1 coach : 6 athletes	1 parent per player
Space	Group Size	Staff	Family Group Size						
Full Sheet	20 maximum	1 coach : 6 athletes	1 parent per player						
<p>U12-U14</p>	<p>Due to physical distancing requirements, all skaters must be able to move independently across the ice on skates (Must be skating). Coaches are unable to have on-ice helpers or offer physical assistance to non-skaters.</p> <p>Equipment Must arrive fully dressed, no sharing equipment. No Dressing rooms available after practice. (see Appendix A for special circumstances)'Please put skates on/off physically distanced at ice surface or in lobby just before activity.</p> <p>Risks Supervision, difficulty maintaining social distancing, attention span, following guidelines and protocols</p>								
<p>U16-U19</p>	<table border="0"> <tr> <td>Space</td> <td>Group Size</td> <td>Staff</td> <td>Family Group Size</td> </tr> <tr> <td>Full Sheet</td> <td>15-20 participants</td> <td>1 coach : 6 athletes</td> <td>1 parent per player</td> </tr> </table> <p>Ice times and schedule are currently being determined and will be announced and updated.</p> <p>Considerations: Equipment No sharing equipment, prepare to come dressed to put on only skates and helmet. No Dressing rooms available after practice. (see Appendix A for special circumstances)'Please put skates on/off physically distanced at ice surface or in lobby just before activity.</p> <p>Programming Focus</p> <ul style="list-style-type: none"> • Individual and partner skill development. • Participants must be able to maintain a 2 metre physical distance at all times. Must be able to skate independently. • Skill development could include power skating, passing, shooting, basic team strategy maintaining a 2 metre physical distance, introduction to advanced team strategy undefended <p>Risks: Following guidelines and protocols</p> <ul style="list-style-type: none"> • Players must maintain a minimum of a “stick length” away from one another, and coaches, at all times. • Zero tolerance for hitting and contact • Limit number of players on the ice and at a game to help minimize contact 	Space	Group Size	Staff	Family Group Size	Full Sheet	15-20 participants	1 coach : 6 athletes	1 parent per player
Space	Group Size	Staff	Family Group Size						
Full Sheet	15-20 participants	1 coach : 6 athletes	1 parent per player						

18+ Teams	<table border="0"> <tr> <td>Space</td> <td>Group Size</td> <td>Staff</td> <td>Family Group Size</td> </tr> <tr> <td>Full Sheet</td> <td>20 maximum</td> <td>Not required</td> <td>none</td> </tr> </table>	Space	Group Size	Staff	Family Group Size	Full Sheet	20 maximum	Not required	none
Space	Group Size	Staff	Family Group Size						
Full Sheet	20 maximum	Not required	none						
Masters Teams	<p>Ice times and schedule are currently being determined and will be announced and updated.</p> <p>Must arrive fully dressed, no sharing equipment. No Dressing rooms available after practice unless fewer than 8 players per team—No Showers available-Please put skates on/off physically distanced at ice surface or in lobby just before activity.</p> <p>Considerations</p> <ul style="list-style-type: none"> • Players must maintain a minimum of a “stick length” away from one another, and coaches, at all times. • Zero tolerance for hitting and contact • Accept that there will be some incidental contact • Limit to number of players on the ice and at a game to help minimize contact • Programming focus on individual and partner skill development—2 M distance required at all time. Introduction to advanced team strategy undefended. <p>Team contacts will be updated as they become available</p>								

Risk Assumption

All coaches and participants have access to information about how to conduct themselves while in facilities. Additionally all players/participants are required to sign the following documents before participating in any event sponsored by KRA— The Participant Agreement; The Informed Consent and Assumption of Risk Document and the Illness Policy--(available to all on the KRA website at www.kelownaringette.com)Please follow the KRA Covid-19 Resources menu link. This year, all players and participants (coaches and team staff) must also certify via TeamSnap within 24 hours of events/activities that they are well and able to attend, or unwell and unable to attend. Coaches, team staff and players will receive periodic visits during the season from the Safety Officer to ensure that guidelines are being followed. Additionally, before season starts, safety training will be provided to all parents and interested players by the local association. All information is readily accessible to all participants.

Necessary Measures in place

All participants must follow arena signage, physical distancing protocols and safety protocols including pre-activity checklists; signing in on Team Snap and self-identifying illnesses and remain at home if sick. We will provide all coaches with a Safety Kit which will include: masks if needed when physical distancing is not possible (such as player on-ice injury), gloves, hand sanitizer and cleaning spray for equipment.

All coaches and team staff must take mandatory Covid 19 training offered by Ringette BC and the local association before assuming their on-ice role. See additional information in *Coaching in COVID-19* resource (for Coaches and team staff on www.kelownaringette.com)

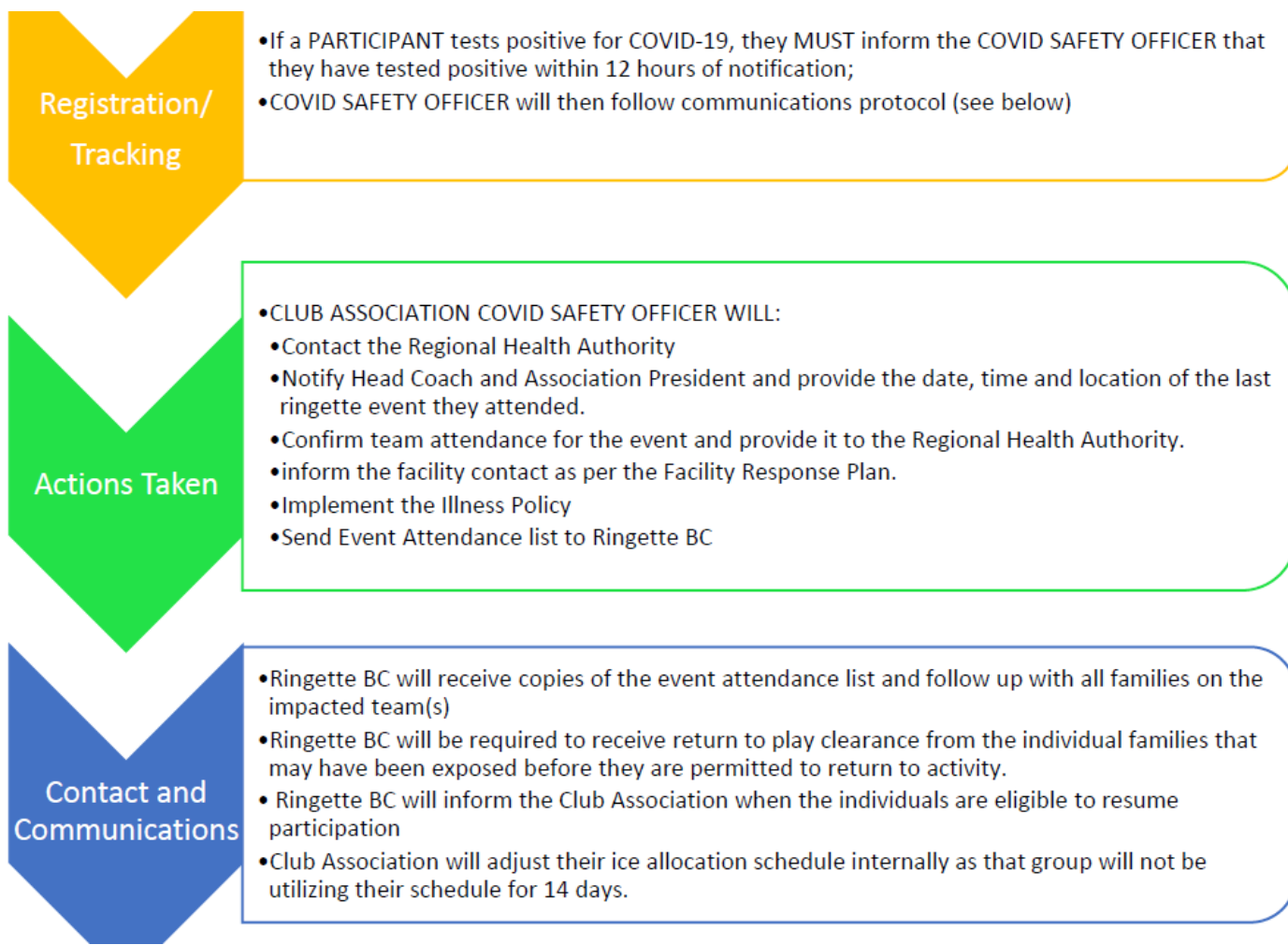
While we are aware of the changing information regarding wearing masks, and the limitations of non-medical masks for preventing the spread of Covid-19, all coaches and participants will be trained on the proper use of masks for off-ice events. Masks are recommended at all City of Kelowna Facilities, but not currently mandated. However, masks will be provided for use whenever physical distancing is not possible.

Illness Protocol—As specified in the Ringette BC Illness Policy attached in Appendix 2

- Do not come to the arena if you have/or have had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Do not come if you or a family member in your bubble have been directed by Public Health to self-isolate.
- Do not come if you have recently arrived from outside of Canada or if you have had contact with a confirmed COVID-19 case--You must self-isolate for 14 days and monitor for symptoms.
- If you start to feel sick (even mild symptoms) while participating, please immediately inform the coach and leave the ice. Gather your belongings and leave the arena.
- Do not attend if you have been around someone who is ill or has present Covid symptoms or is waiting for test results.
- If you become ill please report your illness to Public Health or call 811—Please notify the KRA Safety Officer Tessa Russell at (250-575-5373) if you receive a diagnosis—All conversations are confidential and no identifying information will be supplied to the membership or the general public. There is currently 1 testing centre in Kelowna:

Kelowna Urgent Care Center
1141 Harvey Ave at the Coast Capri Hotel
Appointment needed
250-469-6985

Please follow the protocols directed by Ringette BC as outlined below:



All arenas have protocols in place to combat the spread of the virus through regulated cleaning practices. We will enforce hand washing protocols and recommend good hygiene practices for all players including:

Sneezing and coughing into the elbow

Sanitizing all equipment regularly if it comes into contact with others.

We recommend that team coaches wipe down rings and any other commonly used equipment post practice.

All players will be issued a recommended Hygiene List

Kelowna Ringette has identified the areas where we can help create a safer experience of arena usage for all members and guests of the arena. It is expected that all members, parents, managers, coaches, executives and guests of members will familiarize themselves with this Safety Plan and follow its mandates. We take these protective measures to ensure the health and safety of everyone using these facilities. We cannot do it alone; this is a team effort and we have every expectation that we are all working towards the common goal of keeping our players on the ice as safely as possible.

Kelowna Ringette Association Covid-19 Contacts

Tessa Russell---KRA Safety Officer---250-575-5373 or krasafetyofficer@gmail.com

Debby Wuthrich---Kelowna Ringette Vice President---kelownaringettevp@gmail.com

APPENDIX 1—GUIDELINES FOR ICE USAGE BY ARENA

RUTLAND ARENA—30 minutes between ice times—50 participants in arena

Full ice may have a maximum of 16 players and 4 coaches on each ice surface.

No more than 1 parent per player in stands—Parents must remain in sight to offer assistance for player if coach/bench staff signal the need.

No dressing rooms allowed at this time due to BC Ringette Rule of 2 and the limited number of participants allowed in the room to allow for safe physical distancing. Because of limited dressing rooms availability, we cannot authorize the use of dressing rooms at this time for any event with more than 6 players in attendance + 2 dressing room adults. Even in this circumstance, all users must maintain physical distance in the room as well as having only 10 minutes usage time. Every attendee must be out of the arena within 10 minutes past the end of the ringette related activity or event.

Skates may be put on/removed near the ice surface or in lobby while observing physical distance.

Capital News Centre—30 minutes between ice times—50 participants in arena

Full ice may have a maximum of 18 athletes + 2 coaches but no more than 20 with a minimum of 2 coaches.

No dressing rooms allowed at this time due to BC Ringette Rule of 2 and the limited number of participants allowed in the room to allow for safe physical distancing. Unless in exceptional circumstances where the number of participants is less than—9 players + 2 adult dressing room parents in *Rink 1*—A total of 11 persons per room.

Or 7 players + 2 adult dressing room parents in *Rink 2* a total of 9 persons per room.

Scrimmage sessions (Future progression)—Maximum 22 athletes + 2 official. 5 on 5 game play + 1 goalie per team—5 players max on the bench. Total of 10 skaters + 1 goalie per team.

Lake Country Arena---30 Minutes between ice times—50 participants in arena

Full ice may have a maximum of 25 participants—20 athletes + up to 5 coaches for a total of 25---No more than 20 athletes are allowed in any case.

Players must enter the HOME bench and sit on benches marked for seating with a max of 5 players per bench including 1 chair. Exit at the gate closest to your goalie net.

Ice will be marked for physical distancing.

Exit ice on time through the north east gate (Exit) single file to your dressing room.

Dressing rooms may be used only for the removal/putting on of skates and helmets and empty within 10 minutes of completion of event.

BC Ringette Rule of 2 applies here and 2 dressing rooms parents must be present at all times—Max per dressing room up to participant team number (10).



*Our Values: Community Focus,
Integrity, Respect, Sportsmanship, Partnership*

1.19 ILLNESS POLICY

In this Policy "Team Member" includes a volunteer, coach, participant, official, parent, Club – Association Executive Member, parent or spectator.

A. COVID-19 SYMPTOMS i. Inform an individual in a position of authority, such as, a coach, team manager, program coordinator, immediately if, you feel any symptoms of COVID-19

ii. Symptoms: such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

iii. If a Team Member is feeling sick with COVID-19 symptoms: 1.They should remain at home and contact Health Link BC at 8-1-1.

2. If they feel sick and /or are showing symptoms while at work, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.

iv. No Team Member may participate in a practice/activity if they are symptomatic.

B. ASSESSMENT:

i. Team members must review the self-assessment signage located throughout the facility each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.

ii. Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.

iii. If Team Members are unsure please have them use the COVID-19 [BC Center for Disease Control Self-Assessment tool](#) or through the COVID-19 BC Support App self-assessment tool.

C. POSTIVITIVE CONFIRMED CASE OF COVID-19

i. **If a Team Member tests positive for COVID-19** the Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.

ii. Any Team Members who work/play closely with the infected Team Member will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.

iii. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.

D. SUSPECTED CASE OF COVID-19 i. If a Team Member has been tested and is waiting for the results of a COVID-19 Test as with the confirmed case, the Team Member must be removed from the workplace/practice/facility.

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ii. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.

iii. Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

iv. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

v. If a Team Member has come in to contact with someone who is confirmed to have COVID-19: 1. Team Members must advise their Association COVID-19 Safety Officer or other Association contact or their coach if they reasonably believe they have been exposed to COVID-19.

2. The Club-Association will follow the COVID-19 Response plan.

3. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.

E. QUARANTINE AND SELF-ISOLATE i. Any Team Member who has travelled outside of Canada or the Province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.

ii. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

iii. Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

iv. Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.

v. Any Team Member who was quarantining or self-isolating will be required to bring a doctor's note prior to being permitted to returning to Club-Association ringette activities.

F. ENFORCEMENT i. Each Club-Association will designate a member of the Club-Association Executive to act as the primary contact for COVID-19 related incidents or information sharing and tracking.

ii. All Ringette BC coaches and Team staff as per the Return to Ringette Guidelines will be permitted to tell a Team Member that they must leave ringette activities if they are displaying any symptoms of COVID-19.



COVID – 19 Safety Plan – RINGETTE TEMPLATE

All Ringette Member Associations including Leagues and Club-Associations MUST develop a COVID -19 Safety Plan. This template was adapted by Ringette BC from the [viaSport COVID-19 SAFETY PLAN TEMPLATE](#).

Ringette BC has created a COVID-19 Safety Plan for Ringette BC, which follows the Worksafe BC template. Ringette BC's Return to Ringette Guidelines are the guiding document for answering the questions listed in the Safety Plan.

The Ringette BC COVID-19 Safety Plan is approved by the Ringette BC Board of Directors. It is a public document.

STEP 1: Assess the Risks at your facility or facilities:

Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk.

- We have identified where people gather.
- We have identified situations and processes where individuals are close to one another or members of the public.
- We have identified the equipment that may be shared by individuals.
- We have identified surfaces that people touch often.

STEP 2: Implement Protocols to reduce the risks

Select and implement protocols to minimize the risks of transmission. Look to the following for information, input and guidance:

- viaSport Sector Guidelines and your sport-specific guidelines.
You may be required to identify and implement additional protocols if the posted protocols don't address all the risks to your workers.
- Orders, guidance, and notices issued by the provincial health officer and relevant to your industry.
Updates will be posted at www.viasport.ca
- Municipal or facility Guidelines

First level protection (elimination): Limit the number of people and ensure physical distance whenever possible

- We have established maximum program numbers for our program that meets facility requirements
- We have established and posted occupancy limits for common areas such as meeting rooms, change rooms, washrooms, and elevators (if applicable).



- We have implemented measures to keep participants and others at least 2 metres apart, wherever possible.

Measures in Place:

List your control measures for maintaining physical distance in your environment. If this information is in another document, identify that document below:

See KRA Arena User Safety Plan Progression 2

Second level protection (engineering): Barriers and partitions

This section may only apply to facility owners and operators

- We have installed barriers where Participants can't keep physically distant from co-workers, customers, or others.
- Does not apply – facility owners and operators will provide the direction.

Measures in place

Describe how barriers or partitions will be used in your environment (if appropriate). If this information is in another document, identify that document here.

See Safety Plans attached for City of Kelowna Arenas (Rutland, Memorial), Capital News Centre, Lake Country Arena

Third level protection (administrative): Rules and guidelines

- We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves.
- We have clearly communicated these rules and guidelines through a combination of training and signage.

Measures in place

List the rules and guidelines that everyone is required to follow. This could include things like using one-way doors or walkways, no sharing of equipment, and wiping down equipment after use. If this information is in another document, identify that document here.

See KRA Arena User Safety Plan

Fourth level protection: Using masks (optional measure in addition to other control measures)

- We have reviewed the information on selecting and using masks and instructions on how to use a



mask.

- We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.
- We have trained individuals on the proper use of masks (if applicable).



Measures in place

- Who will use masks?
- What work tasks will require the use of masks?
- How have workers been informed of the correct use of masks?

If this information is in another document, identify that document here.

KRA Arena User Safety Plan

Reduce the risk of surface transmission through effective cleaning and hygiene practices

- We have reviewed the information on cleaning and disinfecting surfaces.
- Our sport facility has enough handwashing stations on site for our participants. Handwashing locations are visible and easily accessed.
- We have communicated good hygiene practices to participants, coaches, volunteers, etc. We have implemented cleaning protocols for all common areas and surfaces.
- Workers who are cleaning have adequate training and materials.
- We have removed unnecessary tools and equipment to simplify the cleaning process

Cleaning protocols

Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc). If this information is in another document, identify that document here.

Specific to individual arenas--Coaches are being provided with a safety kit for cleaning any items used in practices/events. Additional information in the KRA Arena User Safety Plan

Step 3: Develop policies

Develop the necessary policies to manage your sport. Our policies ensure that workers, participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities:

- Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Anyone directed by Public Health to self-isolate.
- Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.
- Our policy addresses individuals who may start to feel while participating.



It includes the following: Sick individuals should report to first aid (or designated individual), even with mild symptoms.

- Sick workers should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. [Consult the [BC COVID-19 Self-Assessment Tool](#), or call 811 for further guidance related to testing and self-isolation.]



- If the worker is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill worker has come into contact with.

Step 4: Develop communication plans and training

You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating:

- We have a communication and training plan to ensure everyone is trained in policies and procedures. All participants have received the policies for staying home when sick.
- We have posted signage at the sport location, including occupancy limits and effective hygiene practices.
- We have posted signage indicating who is restricted from participating, including visitors and workers with symptoms.
- Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.

Step 5: Monitor and update your plans as necessary

Things may change as your business operates. If you identify a new area of concern, or if it seems like something isn't working, take steps to update your policies and procedures.

- We have a plan in place to monitor risks. We make changes to our policies and procedures as necessary.
- Individuals know who to go to with health and safety concerns.
- When resolving safety issues, we will involve designated health and safety representatives

Step 6: Assess and address risks from resuming operations

If your workplace has not been operating for a period of time during the COVID-19 pandemic, you may need to manage risks arising from restarting your programming/business.

- We have a training plan for new staff, coaches, volunteers, and participants.
- We have a training plan for staff, coaches, volunteers taking on new roles or responsibilities.
- We have a training plan around changes to our business/programming.
- We have identified a safe process for cleaning and removing things that have been out of use.

Organization Information:

Club – Association Name: Kelowna Ringette Association –

COVID – 19 Safety Plan was approved on: August 16th, 2020 (date)

Be advised that personal information must not be included in the COVID-19 Safety Plan

Personal information is any recorded information that uniquely identifies a person, such as name, address, telephone number, age, sex, race, religion, sexual orientation, disability, fingerprints, or blood type. It includes information about a person's health care, educational, financial, and criminal or employment history. Visit <https://www.oipc.bc.ca/about/legislation/> for more information.