

## COVID – 19 Safety Plan – Fraser Valley Ringette

All Ringette Member Associations including Leagues and Club-Associations MUST develop a COVID -19 Safety Plan. This template was adapted by Ringette BC from the [viaSport COVID-19 SAFETY PLAN TEMPLATE](#).

Ringette BC has created a COVID-19 Safety Plan for Ringette BC, which follows the Worksafe BC template. Ringette BC’s Return to Ringette Guidelines are the guiding document for answering the questions listed in the Safety Plan.

The Ringette BC COVID-19 Safety Plan is approved by the Ringette BC Board of Directors. It is a public document.

### STEP 1: Assess the Risks at your facility or facilities:

Identify areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk.

- ✓ We have identified where people gather. (1)
- ✓ We have identified situations and processes where individuals are close to one another or members of the public. (2)
- ✓ We have identified the equipment that may be shared by individuals. (3)
- ✓ We have identified surfaces that people touch often. (4)

Responses - Arena	SPLX	TWIN	GP	ACUCC
1. Foyers, Rink boards and Bleachers, Dressing Rooms, Above Rink viewing areas	Yes	Yes	Yes	Yes
2. Entry/exit – Traffic flow marked by arena; Team Benched (all Bench use is prohibited) Washroom and Dressing rooms (arena protocols are in place)	Yes	Yes	Yes	Yes
3. No Sharing of equipment and water bottles	Yes	Yes	Yes	Yes
4. Door handles, ice and hand railings, on ice gates, benches, communal washrooms; water bottle stations; Elevators	Yes	Yes	Yes	Yes

### STEP 2: Implement Protocols to reduce the risks

Select and implement protocols to minimize the risks of transmission. Look to the following for information, input and guidance:



- ✓ viaSport Sector Guidelines and your sport-specific guidelines.  
You may be required to identify and implement additional protocols if the posted protocols don't address all the risks to your participants.
  - ❖ There are no additional requirements
- ✓ Orders, guidance, and notices issued by the provincial health officer and relevant to your organization. Updates will be posted at [www.viasport.ca](http://www.viasport.ca)
  - ❖ Will be posted by the facility
- ✓ Municipal or facility Guidelines
  - ❖ Links to Facility Guideline will be posted on the Fraser Valley Ringette website at <https://www.fvringette.com/>

### First level protection (elimination): Limit the number of people and ensure physical distance whenever possible

- ✓ We have established max. participants numbers for our program that meets facility requirements
  - ❖ Ringette BC has a recommended ratio of player to coach 1:6
    - Sportsplex: Maximum Occupancy per group is 18 skaters plus 2 coaches (20 total)
    - Twin: Maximum Occupancy per group is 10 skaters plus 2 coaches (12 total)
    - GP: Maximum Occupancy per group is 12 skaters plus 2 coaches (14 total)
  - ❖ One parent/adult per athlete – no siblings
  - ❖ Ringette BC has defined a 50 persons maximum ringette activities, for the ice rink and the common areas - we are directed by RBC to follow the Arena restrictions as the default guidelines if they are individually more strict.
  - ❖ Most Facility Change rooms have been restricted for use and capacity – athletes are expected to arrive no more than 15 minutes to ice time and to be fully dressed. There will be areas marked locations where athletes can remove skate guards and fasten helmets
  - ❖ No equipment bags are allowed in the facility
- ✓ We have established and posted occupancy limits for common areas such as meeting rooms, change rooms, washrooms, and elevators (if applicable).
  - ❖ Most Facility Change rooms have been restricted for use and capacity – those that are not, have outlined guidelines, which will be posted on <https://www.fvringette.com/>
  - ❖ Facility has marked occupancy limits for meeting rooms and washrooms
- ✓ We have implemented measures to keep participants and others at least 2 meters apart, wherever possible.
  - ❖ Facility has implemented the use of social distancing markers and arrows on the floor

### Measures in Place:

List your control measures for maintaining physical distance in your environment. If this information is in another document, identify that document below:

Control measures are listed within the BC Ringette Return to play plan  
<https://www.ringettebc.ca/the-office/covid-19-ringette-bc-resources/>



FVRA will provide links to all Arena restrictions and if restrictions are updated at these locations - all communications can be referenced via the FVRA website at: <https://www.fvringette.com/>

### Second level protection (engineering): Barriers and partitions

#### **This section may only apply to facility owners and operators**

- ✓ We have installed barriers where Participants can't keep physically distant others.
  - ❖ The facility has cordoned off areas that cannot be used
  - ❖ The minor official's area will only be used if social distancing is possible and specifically in Progression 3 and 4 when we return to modified and full game play.
- ✓ Does not apply – facility owners and operators will provide the direction.
  - ❖ Each Facility used by FVRA, has provided their guidelines and restrictions and will be posted and communicated via <https://www.fvringette.com/>

#### **Measures in place**

Describe how barriers or partitions will be used in your environment (if appropriate). If this information is in another document, identify that document here.

- ❖ Links to each Arena's Covid-19 Safety plans will be posted on the <https://www.fvringette.com/> website and communicated to each participant.

### Third level protection (administrative): Rules and guidelines

- ✓ We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves.
  - ❖ Rink protocols for Parents and Players is posted at <https://www.fvringette.com/>
  - ❖ Rules and guidelines for participants, coaches, volunteers and spectators are outlined in the Return to Ringette guidelines at <https://www.ringettebc.ca/> and follow the Ringette Canada National Directive at <https://www.ringettebc.ca/>
- ✓ We have clearly communicated these rules and guidelines through a combination of training and signage.
  - ❖ Waivers must be read, signed and printed copies must be submitted prior to athletes to FVRA for collection before the participants first ice time.

#### **Measures in place**

List the rules and guidelines that everyone is required to follow. This could include things like using one-way doors or walkways, no sharing of equipment, and wiping down equipment after use. If this information is in another document, identify that document here.

- ❖ Links to each Arena's Covid-19 Safety plans outlining rules, guidelines and sanitary expectations will be posted on the <https://www.fvringette.com/> website and communicated to each participant.



### Fourth level protection: Using masks (optional measure in addition to other control measures)

- ✓ We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- ✓ We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.
- ✓ We have trained individuals on the proper use of masks (if applicable).
  - ❖ We follow the regulations as outlined in the Return to Ringette guidelines at <https://www.ringettebc.ca/> and the Ringette Canada National Directive <https://www.ringette.ca/>

### Measures in place

- Who will use masks? \*Any and all bench staff will be required to wear masks provided by the association
- What tasks will require the use of masks?
- How have participants been informed of the correct use of masks?

**If this information is in another document, identify that document here.**

- ❖ Information on who is expected to wear masks, how to properly wear a mask and in which situations will someone be required to wear a mask will be located on the <https://www.fvringette.com/>
- ❖ Coaches are required to have a mask on their person in the event social distancing efforts are not possible. In the event of an injury (an athlete requiring the coach to break the 2m barrier) the coach will wear a mask and gloves if/when the barrier is broken between the coach and athlete. \* we've passed a policy that is making it mandatory for coaches/bench staff to wear mask (on ice helpers)
- ❖ All coaches must participate in a Ringette BC Coach Education Seminar

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### Reduce the risk of surface transmission through effective cleaning and hygiene practices

- ✓ We have reviewed the information on cleaning and disinfecting surfaces.
  - ❖ The facility will be responsible for cleaning/sanitizing the common use areas
  - ❖ Coaches will be responsible for cleaning any props used following each event
- ✓ Our sport facility has enough handwashing stations on site for our participants. Handwashing locations are visible and easily accessed.
  - ❖ The facility has increased cleaning and sanitizing measures which will be available at the facility
  - ❖ Participants are encouraged to carry hand sanitizer and to wash hand frequently
- ✓ We have communicated good hygiene practices to participants, coaches, volunteers, etc. We have implemented cleaning protocols for all common areas and surfaces.
  - ❖ Supporting documentation will be found on the FVRA website: <https://www.fvringette.com/>
- ✓ Participates who are cleaning have adequate training and materials.



- ❖ This will be completed by the facility
- ❖ Sanitation wipes and sprays will be supplied to each coach for keeping any equipment used during and event clean for reuse
- ✓ We have removed unnecessary tools and equipment to simplify the cleaning process
  - ❖ An outline of what is acceptable and what is not acceptable for use during ice events has been outlined and will be posted on FVRA website: <https://www.fvringette.com/>

### Cleaning protocols

Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc). If this information is in another document, identify that document here.

- ❖ Jerseys will be assigned to each athlete and no sharing of jerseys or pinnies will occur. Rings and cones used by one team will belong to that specific team only. Coaching staff will sanitize equipment following every ice event.
- ❖ Other cleaning protocols will be completed by the facility.
- ❖ Any Association shared Goalie equipment will be sanitized and quarantined for 14 days prior to being used by another athlete

### Step 3: Develop policies

Develop the necessary policies to manage your sport. Our policies ensure that participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities:

- Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Anyone directed by Public Health to self-isolate.
- Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.
- Our policy addresses individuals who may start to feel while participating.
- **It includes the following:** Sick individuals should report to first aid (or designated individual), even with mild symptoms.
- Sick participants should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the participant to go straight home. [Consult the [BC COVID-19 Self-Assessment Tool](#), or call 811 for further guidance related to testing and self-isolation.]
- If the participant is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill participant has come into contact with.
- ❖ Refer to: BC Ringette Illness Policy <https://www.ringettebc.ca/> 1.19 Illness Policy – a link and copy are available on the FVRA website <https://www.fvringette.com/> ( a copy is attached at the end of this document for easy reference).



#### Step 4: Develop communication plans and training

You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating:

- ✓ We have a communication and training plan to ensure everyone is trained in policies and procedures. All participants have received the policies for staying home when sick.
  - ❖ Provided to all parents and athletes in the form of waivers to be completed prior to the athlete's first event.
- ✓ We have posted signage at the sport location, including occupancy limits and effective hygiene practices.
  - ❖ The facilities have supplied occupancy limits and increased sanitizing protocols.
- ✓ We have posted signage indicating who is restricted from participating, including visitors and participate with symptoms.
  - ❖ The facilities have posted signage restricting symptomatic persons
- ✓ Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.
  - ❖ COVID Safety Officer and the COVID Safety Committee members are trained on all protocols and will attend events to ensure understanding and compliance.

#### Step 5: Monitor and update your plans as necessary

Things may change as your business operates. If you identify a new area of concern, or if it seems like something isn't working, take steps to update your policies and procedures.

- ✓ We have a plan in place to monitor risks. We make changes to our policies and procedures as necessary.
  - ❖ The COVID Safety Officer will stay informed on updates and changes which will be implemented and dispersed accordingly
- ✓ Individuals know who to go to with health and safety concerns.
  - ❖ All FVRA participants will have the contact information for the Fraser Valley Ringette COVID Safety Officer and designates. as outlines in the guidelines provided by <https://www.ringettebc.ca/>
- ✓ When resolving safety issues, we will involve designated health and safety representatives.
  - ❖ Any existing or new issues will be discussed and resolved with the Fraser Valley Ringette President, the COVID Safety Officer and the COVID Safety Committee.

#### Step 6: Assess and address risks from resuming operations

If your workplace has not been operating for a period of time during the COVID-19 pandemic, you may need to manage risks arising from restarting your programming/business.

- ✓ We have a training plan for new staff, coaches, volunteers, and participants.
  - ❖ Coaches are required to take a Coach Education Seminar through [www.ringettebc.ca](http://www.ringettebc.ca)
  - ❖ Coaching staff will ensure all other volunteers and participants understand policies and procedures.



- ✓ We have a training plan for staff, coaches, volunteers taking on new roles or responsibilities.
  - ❖ The COVID Safety Committee will ensure all persons in new roles understand the risks, policies and procedures.
- ✓ We have a training plan around changes to our business/programming.
  - ❖ COVID Safety Committee will address any changes and ensure all event participants are notified.
- ✓ We have identified a safe process for cleaning and removing things that have been out of use.
  - ❖ All items will be sanitized accordingly following a 14-day isolation period.

### Organization Information:

Club – Association Name: **Fraser Valley Ringette Association**

COVID – 19 Safety Plan was approved on: \_\_\_\_\_ (date)

### **Be advised that personal information must not be included in the COVID-19 Safety Plan**

Personal information is any recorded information that uniquely identifies a person, such as name, address, telephone number, age, sex, race, religion, sexual orientation, disability, fingerprints, or blood type. It includes information about a person's health care, educational, financial, and criminal or employment history. Visit <https://www.oipc.bc.ca/about/legislation/> for more information.