



Shuswap Ringette COVID – 19 Safety Plan

All Ringette Member Associations including Leagues and Club-Associations MUST develop a COVID -19 Safety Plan. This template was adapted by Ringette BC from the [viaSport COVID-19 SAFETY PLAN TEMPLATE](#).

Ringette BC has created a COVID-19 Safety Plan for Ringette BC, which follows the Worksafe BC template. Ringette BC's Return to Ringette Guidelines are the guiding document for answering the questions listed in the Safety Plan.

The Ringette BC COVID-19 Safety Plan is approved by the Ringette BC Board of Directors. It is a public document. <https://www.ringettebc.ca/the-office/covid-19-ringette-bc-resources/>

STEP 1: Risk Assessment for Ringette in the Shaw Centre-Salmon Arm

Shuswap Ringette has Identified areas where there may be risks, either through close physical proximity or through contaminated surfaces. The closer together individuals are and the longer they are close to each other, the greater the risk.

- ✓ We have identified where people gather.

The Lobby Entrance and Exit are the Key area people gather in the facility when Ringette is utilizing the Shaw Centre

- The main ice user entrance will be designated drop off and pick up location
- Ringette Participants and Parents will maintain social distancing of 2 meters at all times and will sanitize hands upon entering and exiting the facility
- Participants and Parents will not enter the facility any earlier than 10 minutes prior to the ice time
- Participants and Parents will exit the facility 10 minutes after the ice time has finished
- Only one Parent will be permitted into the facility-No Siblings

- ✓ We have identified situations and processes where individuals are close to one another or members of the public.



Dressing Rooms, Benches and spectator stands are situations and processes where individuals are close to one another or members of the public.

- Ringette players are required to come dressed in full gear except for skates & helmets
 - Dressing Rooms will be used for putting on skates & helmets and washroom use only
 - Player Benches will not be used
 - On ice access will be regulated by coaches
 - A Maximum of 26 people will be permitted access to the Spectator bleachers
- ✓ We have identified the equipment that may be shared by individuals
- The only equipment shared will be rings and pylons on ice
 - Players must bring their own individual filled water bottle (all fountains are closed)
 - Players & Coaches must place water bottles on the top rail of bench in marked area
 - Players can leave their shoes, skate guards and equipment bag in the dressing room while on ice
- ✓ We have identified surfaces that people touch often.
- See the Shaw Centre Safety Plan for cleaning protocol- <http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>
 - Any shared Ringette equipment will be sanitized between use & players and coaches will be required to hand wash and sanitize before and after ice time

STEP 2: Ringette Protocols to reduce the risks

Ringette will utilize the following Return to Play Guidelines to direct activity while ensuring the risks of transmissions are minimized.

- ✓ ViaSport Sector Guidelines- <https://www.viasport.ca/news/covid-19-updates-sport-organizations>
- ✓ Ringette BC Return to Play Guidelines- . <https://www.ringettebc.ca/the-office/covid-19-ringette-bc-resources/>
- ✓ Orders, guidance, and notices issued by the provincial health officer and relevant to your industry. Updates will be posted at www.viasport.ca
- ✓ Shaw Centre Safety Plan available for review at: <http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>

First level protection (elimination): Ringette will ensure the following guidelines to limit the number of people and ensure physical distancing and safety in the Shaw Centre:

- Ringette Players, Coaches, parents and Volunteers will complete Health Checks prior to attending Ringette
- Ringette will complete contact lists at each session to facilitate tracing should it be required
- At this time only 50 people maximum will be permitted per ice arena in use. This includes participants, coaches and parents.
- Ringette will ensure no more than 24 participants (including players, coaches & on ice helpers) will be on the ice surface at one time



- In Progression 2 Ringette will create cohorts with a maximum of 10 players to ensure physical distancing can be maintained during on ice activity
- Ringette will maintain a ratio of 1 coach for every 6 players for all ice activity
- Ringette will ensure a maximum of 10 people in dressing room 1-5 & 12 people in dressing rooms A-D
- Ringette will ensure dressing rooms are accessed only by players and coaches-There is No Parent access to dressing rooms at this time
- Ringette will ensure a maximum of 26 people in the Spectator bleachers
- Ringette will ensure a maximum of 14 people in the Hucul bleachers

Measures in Place:

Ringette will follow the control measures laid out in the Ringette BC Return to Play Guidelines. See the link below:

<https://www.ringettebc.ca/the-office/covid-19-ringette-bc-resources/>

Second level protection (engineering): Barriers and partitions

This section may only apply to facility owners and operators

- We have installed barriers where Participants can't keep physically distant from co-workers, customers, or others.
- ✓ Does not apply – facility owners and operators will provide the direction.

Measures in place

Describe how barriers or partitions will be used in your environment (if appropriate). If this information is in another document, identify that document here.

See the Shaw Centre Safety plan for details:

<http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>

Third level protection (administrative): Rules and guidelines

- ✓ We have identified rules and guidelines for how participants, coaches, volunteers, spectators should conduct themselves.
 - Ringette Participants and Parents will maintain social distancing of 2 meters at all times and will sanitize hands upon entering and exiting the facility
 - Participants and Parents will not enter the facility any earlier than 10 minutes prior to the ice time
 - Participants and Parents will exit the facility 10 minutes after the ice time has finished
 - Only one Parent will be permitted into the facility-No Siblings
 - Ringette Parents will abide by the maximum spectator allowances in the arenas- 14 max in Hucul and 26 max in Spectator



- Ringette Coaches will all participate in a return to play orientation offered by Ringette BC prior to starting their coaching position
- All Ringette participants, coaches, parents and volunteers will complete all required waivers prior to participation

- ✓ We have clearly communicated these rules and guidelines through a combination of training and signage.

Measures in place

List the rules and guidelines that everyone is required to follow. This could include things like using one-way doors or walkways, no sharing of equipment, and wiping down equipment after use. If this information is in another document, identify that document here.

See the Ringette BC Return to Play Guidelines:

<https://www.ringettebc.ca/the-office/covid-19-ringette-bc-resources/>

See the Shaw Centre Safety Plan:

<http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>

Fourth level protection: Using masks (optional measure in addition to other control measures)

- ✓ We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- ✓ We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measures cannot be implemented.
- ✓ We have trained individuals on the proper use of masks (if applicable).

Measures in place

- Who will use masks?
- What work tasks will require the use of masks?
- How have workers been informed of the correct use of masks?

If this information is in another document, identify that document here.

At this time masks are not required in the Shaw Centre but we are prepared to adjust should this change.

See the Shaw Centre Safety Guidelines

<http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>



Reduce the risk of surface transmission through effective cleaning and hygiene practices

- ✓ We have reviewed the information on cleaning and disinfecting surfaces.
- ✓ Our sport facility has enough handwashing stations on site for our participants. Handwashing locations are visible and easily accessed.
- ✓ We have communicated good hygiene practices to participants, coaches, volunteers, etc. We have implemented cleaning protocols for all common areas and surfaces.
- ✓ Workers who are cleaning have adequate training and materials.
- ✓ We have removed unnecessary tools and equipment to simplify the cleaning process

Cleaning protocols

Provide information about your cleaning plan. Specify who is responsible for cleaning, the cleaning schedule, and what the cleaning protocols will include (e.g., which surfaces, tools, equipment, etc). If this information is in another document, identify that document here.

Facility cleaning and handwashing station will be provided by the Shaw Centre details are in the link below.

<http://www.shuswapringette.ca/documents/2020/Shaw%20Centre%20-%20COVID-19%20Safe%20Operations%20.pdf>

Step 3: Develop policies

Develop the necessary policies to manage your sport. Our policies ensure that workers, participants and others showing symptoms of COVID-19 are prohibited from participating in sport activities:

- ✓ Anyone who has had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- ✓ Anyone directed by Public Health to self-isolate.
- ✓ Anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case must self-isolate for 14 days and monitor for symptoms.
- ✓ Our policy addresses individuals who may start to feel ill while participating.
It includes the following: Sick individuals should report to first aid (or designated individual), even with mild symptoms.
- ✓ Sick workers should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. [Consult the [BC COVID-19 Self-Assessment Tool](#), or call 811 for further guidance related to testing and self-isolation.]
- ✓ If the worker is severely ill (e.g., difficulty breathing, chest pain), call 911. Clean and disinfect any surfaces that the ill worker has come into contact with.

Step 4: Develop communication plans and training

You must ensure that everyone participating in the sport activity knows how to keep themselves safe while participating:

- ✓ We have a communication and training plan to ensure everyone is trained in policies and procedures. All participants have received the policies for staying home when sick.



- ✓ We have posted signage at the sport location, including occupancy limits and effective hygiene practices.
 - Ringette players are required to complete health checks prior to participating in each ice time
 - Ringette Players, coaches, parents and volunteers are required to sanitize hands upon entering the facility
- ✓ We have posted signage indicating who is restricted from participating, including visitors and workers with symptoms.
- ✓ Coaches or safety volunteers have been trained on monitoring participants to ensure policies and procedures are being followed.

Step 5: Monitor and update your plans as necessary

Things may change as your business operates. If you identify a new area of concern, or if it seems like something isn't working, take steps to update your policies and procedures.

- ✓ We have a plan in place to monitor risks. We will make changes to our policies and procedures as necessary.
- ✓ Individuals know who to go to with health and safety concerns.
 - Ringette has a designated Safety Officer
- ✓ When resolving safety issues, we will involve designated health and safety representatives

Step 6: Assess and address risks from resuming operations

If your workplace has not been operating for a period of time during the COVID-19 pandemic, you may need to manage risks arising from restarting your programming/business.

- ✓ We have a training plan for new staff, coaches, volunteers, and participants.
- ✓ We have a training plan for staff, coaches, volunteers taking on new roles or responsibilities.
- ✓ We have a training plan around changes to our business/programming.
- ✓ We have identified a safe process for cleaning and removing things that have been out of use.

Organization Information:

Club – Association Name: _____ Shuswap Ringette Association _____

COVID – 19 Safety Plan was approved on: _____ August 24th 2020 _____

Be advised that personal information must not be included in the COVID-19 Safety Plan

Personal information is any recorded information that uniquely identifies a person, such as name, address, telephone number, age, sex, race, religion, sexual orientation, disability, fingerprints, or blood type. It includes information about a person's health care, educational, financial, and criminal or employment history. Visit <https://www.oipc.bc.ca/about/legislation/> for more information.