



August 2020 – COVID-19 Safety Plan
 (As taken direct from the Via Sport and adopted to adhere to
 Greater Vernon Recreation Services
COVID-19 RISK MITIGATION PLAN
 (COVID-19 SAFETY PLAN, August 5, 2020)

In order to mitigate risks related to the facilities, the following safety plan has been developed by Greater Vernon Ringette Association (GVRA). GVRA commits to updating the GVRA COVID Safety Plan to be reflective and ensure we are in alignment with the changes in protocols as the BC plan and facility management progresses.

Guiding Principles:

GVRA are in full support and will adhere to the five principles from B.C.'s Restart Plan which have been used to guide this document.

Personal Hygiene	Stay Home if You Are Sick	Environmental Hygiene	Safe Social Interactions	Physical Modification
<ul style="list-style-type: none"> • Frequent handwashing • Cough into your sleeve • Wear non-medical mask • No handshaking 	<ul style="list-style-type: none"> • Routine daily screening • Anyone with any symptoms must stay away from others • Returning travelers must self-isolate 	<ul style="list-style-type: none"> • More frequent cleaning • Enhance surface sanitation in high touch areas 	<ul style="list-style-type: none"> • Meet with small numbers of people • Maintain distance between you and people • Size of room: the bigger the better • Outdoor over indoor 	<ul style="list-style-type: none"> • Spacing within rooms or in transit • Room design • Plexiglass barriers • Movement of people within spaces

Step 1: Assess the risks at our operations

This only pertains to the actual on ice session as the GVRA does not operate out of an office space. Therefore; the places where people will gather or are in potential risk to be in close proximity to each other.

- On Ice
- Dressing Rooms
- Common areas (including player benches)
- The spectator stands
- Entryways and exits to the facilities
- Parking lots

Shared equipment

- Rings
- Nets
- On ice tools i.e. cones (instructors only)
- No water bottle sharing

Surfaces that may get touched often.

- Boards or glass
- Doors/handles
- Water station
- Sanitizer stations
- Handwashing facilities

Step 2: Implementing of our protocols

First Level Protection (all to be communicated to Parents/Players and Instructors via email and GVRA Website this week);

- Occupancy for user groups is 46 people including coaches, volunteers and spectators.
- There is a maximum of 20 participants and 5 coaches allowed on the ice surface.
- Maximum 20 skaters on ice
- Maximum 5 instructors (target is 3)
- Only 1 spectator per participant will be allowed.
- GVRA will have someone appointed as the GVRA COVID Safety Officer.
- All players must confirm attendance with coach at least 48 hours prior to session.
- Players will only be permitted to arrive 15 mins prior to the ice time
- Players are to wash their hands as soon as they arrive.
- All players (or players' parents if players are 18 or younger) will be given the verbal COVID questionnaire as per the Provincial Health Officer (PHO) prior to each session and prior to entering the facility. This will be conducted by the coach (or as assigned by the coach and GVRA COVID Safety Officer) Players' attendance will be tracked for each session.
- Players must leave the facility within 15 minutes of their ice time ending.
- **When using the KTP North Ice** - Players will be told that they are to enter through the North sliding doors only and then must exit through separate doors at the Southeast end. These doors will be propped open for users.
- **When using the KTP South Ice or PV ice** – GVRA will use the entry and exit protocols provided by Recreation Services.
- Dressing rooms will be assigned by name and time limits will be managed by the GVRA COVID Safety Officer.
- Players must not share equipment or supplies (tape etc.)
- Players must bring their own water bottle.
- Spectators must not enter the viewing area until their child's ice time has started, and they must vacate once their child's group leaves the ice.

- Spectators are advised to wear masks and must social distance while in the stands. They are also advised to avoid touching public surfaces while watching the session.
- Players must come partially dressed. They are to come fully dressed in their gear, except for their upper body equipment if needed, which they would be able to put on in the dressing rooms and will be permitted to put on and remove their skates in their designated dressing room. Players will be required to sit 2 meters apart. No removal of all gear and/or showers will be permitted.
- Players will enter/exit the ice surface one at a time and at 2-meter intervals
- All drills will be designed to run with the 2-meter physical distancing in place. This includes those players executing the drill as well as those in line.
- Drills will be demonstrated versus presented on a whiteboard as players will not be able to be in compliance to the 2-meter spacing to one another.
- There will be no battle, checking or contact drills. Scrimmages or shinny type games are prohibited. Contact is considered at this time to be anything that encroaches on the player's 2M bubble.

Second Level Protection

There are no additional physical barriers to be added to what already exists at the facilities. Distancing will be managed through strict expectations around the 2-meter rule.

Third Level Protection

All of the above rules will be sent to the families, players and instructors.

In addition, instructors will be repeating the rules as needed during the sessions.

Players and families will be clearly warned that non-compliance will mean immediate expulsion from the session, the camp, and/or the facility.

Signage for handwashing/social distancing/symptom recognition all exist at the facility and will be pointed out to all participants.

Fourth Level of Protection

The use of masks will not be required by players or instructors but will be advised to spectators as an important piece of protection while in the stands.

Instructors will be given first aid kits and masks and gloves to use if they feel necessary when managing players off ice.

Cleaning and hygiene practices:

All players will be required to wash hands upon arrival and prior to leaving. Locations will be marked.

Hand sanitizer stations are also clearly marked.

Players are asked to bring full water bottles from home.

The Facility staff are planning two cleanings per day which meets the Via sport target.

Step 3: Develop the necessary policies to manage our sport

GVRA will follow the exact health management policies outline in the Via sport Safety plan outline. These specifically prohibit anyone that has any COVID like symptoms from participating or entering the premises.

Step 4: Develop communication plans and training

The rules outlined in Step 2 will be emailed to all participants.

A copy of the Via Sport COVID health management steps will also be sent to all participants.

GVRA executives will be required to attend mandatory Ringette BC training sessions on COVID-19 protocols.

GVRA will ensure that our volunteers and coaches attend their league COVID-19 training session.

GVRA will attend the Coach Training Session run by Ringette BC.

Step 5: Monitor and update plans as necessary

The Coach will check in after each session to identify any unforeseen risks or the presence of any questionable symptoms exhibited by attendees. Any issues will be reported directly to the GVRA COVID Safety Officer.

Appendix #1 - Illness Policy

GVRA will adhere to the Ringette BC policy 1.19 Illness Policy.

<https://www.ringettebc.ca/wp-content/uploads/2020/07/1.19-Illness-Policy.pdf>

Appendix #2 – Outbreak Response

As per Ringette BC policy GVRA will have a designated COVID SAFETY OFFICER who will be responsible for following up if a ringette PARTICIPANT tests positive for COVID.

https://www.ringettebc.ca/wp-content/uploads/2020/07/COVID-19-Response-to-an-Outbreak-Information_Return-to-Ringette-Guidelines-v-12.pdf