



RINGETTE
BRITISH COLUMBIA

CHILDREN'S RINGETTE PARENT PAMPHLET

FUNDAMENTALS

CREATING DEVELOPMENTALLY APPROPRIATE
OPPORTUNITIES AND MEANINGFUL COMPETITION

What is FUNdamentals?

FUNdamentals is a program that provides age and stage appropriate physical activity experiences for young ringette players under the age of 10.

FUNdamentals is focused on creating opportunities that focus on:

- age & stage appropriate activities
- focus on fun and play
- grouping children based on skill & readiness
- maximum participation & engagement
- opportunities to practice learned skills

There are two divisions, FUNdamentals 1 & 2. FUNdamentals 1 plays cross-ice and FUNdamentals 2 plays Mini Ringette. Both divisions use small sized nets and play adapted games of 3 on 3 and 4 on 4. Smaller spaces ensure more touches, interactions, shots on net and passes.

Teams are split into smaller squads to ensure the majority of players are participating at a time. Associations can hold two to three cross-ice games at a time on a single sheet of ice and up to two mini ringette games.

Associations are able to move participants between the two FUNdamentals divisions as well as U10 to find the best fit for each participant.

FUNDAMENTALS 1

Player Registration –

Age - under 10 years old

Skill Level - new to ringette or skating, learning basic game structure, and still developing basic skills

Team Formation –

Team Size (all participants registered in an association at an age division)
- no maximum

Squad Size (group of participants put together for game play)- 10-12

Competition Format –

Intra-Club Games (games within an association) – even squads are made of participants at ice time, game and practice ice can happen during the same ice time

Ice Allocation -

groups will be allocated 60 minutes of ice for a practice session or game

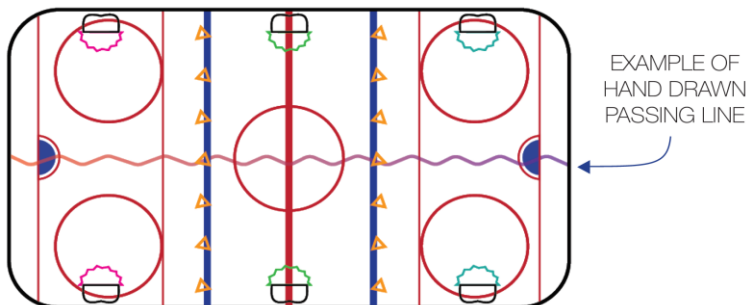
Game Set-Up Format –

Cross Ice – nets placed against boards beside the hash marks, small nets, standard ring

Lines - the passing line or blue line and crease is hand drawn by the coach

Violations – violations will not be enforced at FUN1. Coaches should use verbal cues to ensure safety is maintained

Coaches - should be on the ice with 1 – 2 coaches supporting each game being played at the same time.



FUNDAMENTALS 2

Player Registration –

Age - under 10 years old

Skill Level - learning to lengthen the stride, ready to learn more rules of ringette, and developed some basic skills

Team Formation –

Team Size (all participants registered in an association at an age division) - no maximum

Squad Size (group of participants put together for game play) – max of 12

Competition Format –

Intra-Club Games (games within an association) – even squads are made of participants at ice time, game and practice ice can happen during the same ice time

Intra-Club Games (games played outside of the association) – travel is minimized for this age (games scheduled between neighboring associations), may be scheduled league games, or exhibition play arranged between associations

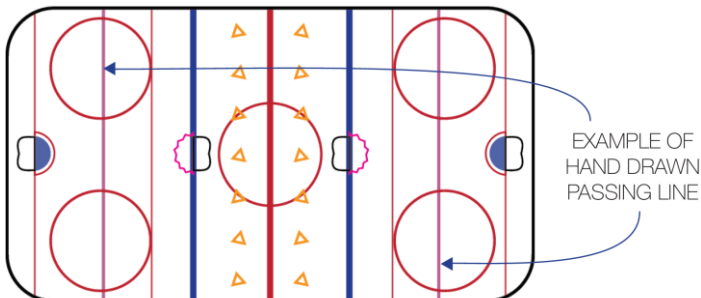
Game Set-Up Format –

Mini Ringette – nets placed behind goal crease and blue line, small nets, standard ring

Lines - the passing line or blue line and crease is hand drawn by the coach

Violations – violations will be enforced if safety is a factor.

Coaches - should be on the ice with 1 –2 coaches supporting each game being played at the same time.



Contacts & Resources

1. For more information about Children's Ringette visit <https://www.ringettebc.ca/childrens-ringette/> to find detailed resources and FAQs.



2. For more information about the specifics of the Children's Ringette program in your association visit your association's website.



3. For questions on the program, team, and season speak to the coaches of your child's team.



4. For questions on the program, team, season or coaching speak to your Association's Executives.



5. For questions on the program or association speak to your League Executive.



6. For further questions that go beyond these contacts and resources please contact Ringette BC at 604-629-6583

sportdevelopment@bcringette.org

technicalcoordinator@bcringette.org



Our Values are: Partnership, Integrity,
Community Focus, Sportsmanship and Respect

Ringette BC's Leagues and Associations

Lower Mainland Ringette League

Burnaby New Westminster Ringette Association
Chilliwack Ringette Association
Coquitlam Port Moody Ringette Association
Delta Ringette Association
Fraser Valley Ringette Association
North West Vancouver Ringette Association
Port Coquitlam Ridge Meadows Ringette Association
Richmond Ringette Association
Surrey White Rock Ringette Association
Vancouver Ringette Association

Northern Ringette League

Houston Ringette Association
Prince George Ringette Association
Quesnel Ringette Association
Terrace Ringette Association

Thompson Okanagan Ringette League

Greater Vernon Ringette Association
Kelowna Ringette Association
Shuswap Ringette Association
Westside Ringette Association

Vancouver Island Ringette League

Comox Valley Ringette Association

Visit us at <https://www.ringettebc.ca/>



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