



Hello Parents, Guardians and Families,

Ringette BC is pleased to be launching our Children's Ringette Program for the 2018-2019 ringette season. Children's Ringette is an initiative to provide age and stage appropriate physical activity experiences for young ringette players under the age of 10. The new program was presented in May at the 2018 Ringette BC Conference and General Meeting in Sun Peaks. The adapted program will require changes to the current U7 and U9 divisions. The U10 division will remain the same.

Children's Ringette is characterized by smaller spaced games, smaller "right sized nets", focus is on fun and play, and grouping children together based on their individual skill and readiness rather than strictly age based teams. The adaptations to the program will see the creation of FUNdamentals 1 and FUNdamentals 2.

The FUNdamentals divisions will see a shift from full ice ringette to cross-ice ringette in FUNdamentals 1 and mini Ringette in FUNdamentals 2. Both divisions will be using small sized nets and will play adapted games of 3 on 3 and 4 on 4. Smaller spaces ensure more touches, interactions, shots on net and passes. Teams will be split into smaller squads to ensure the majority of players are participating at a time. Associations can hold two to three cross-ice games at a time on a single sheet of ice. Up to two mini ringette games can be played at a time.

For more information on why Ringette BC is making this change and what other sports are doing please visit www.ringettebc.ca to view the Children's Ringette presentation as presented at the 2018 Ringette BC Annual Conference. A direct link to the presentation is below. The presentation lays out the details on the adapted game formats, how registration will be done, and provides some insights into how other sports are adapting their sports to best suit the development of their youngest participants.

Children's Ringette links:

- 1. Ringette BC's FAQ Page on Children's Ringette.
- 2. Ringette BC's Children's Ringette Page.
- 3. Ringette BC's Children's Ringette Presentation.

Webinars for coaches in the FUN 1 and FUN 2 programs will be hosted by Ringette BC staff and members of the Sport and Athlete Development Committee to assist with preparing coaches for the changes and new programs. The webinar schedule will be released after the September long weekend.

If you have questions about Children's Ringette please send all your questions to childrensringette@bcringette.org or call the Ringette BC office at 604-629-6583.

Sincerely,

Nicole Robb Executive Director