



RINGETTE BC CHILDREN'S RINGETTE



Creating developmentally appropriate opportunities
and meaningful competition.



WHAT IS CHILDREN'S RINGETTE?

Children's Ringette is an initiative to provide age and stage appropriate physical activity experiences for young ringette players under the age of 10.

Children's Ringette is characterized by

- Smaller spaced games
- Smaller, "Right Sized Nets"
- Focus on fun and play
- Grouping children based on skill and readiness, rather than age



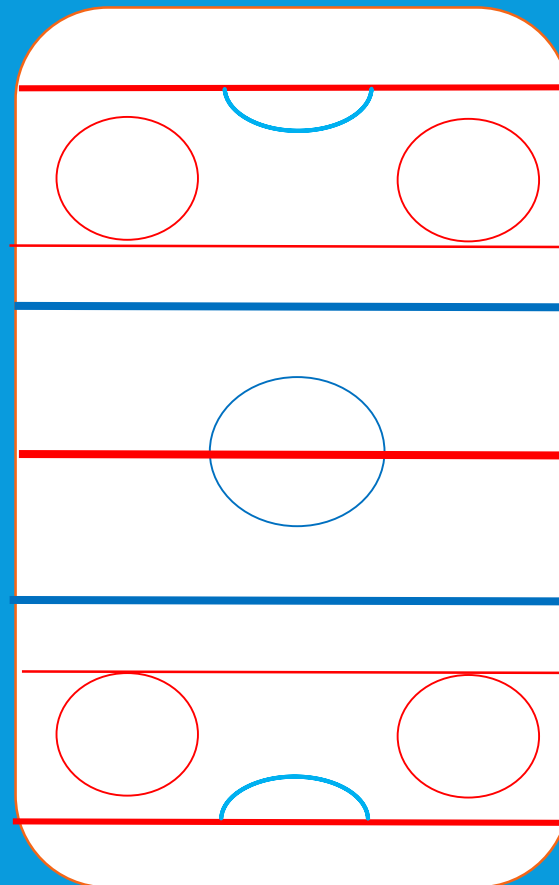


WHAT ARE WE CURRENTLY DOING?

Ringette

Full Ice Ringette

- 18+
- U19
- U16
- U14



- U12
- U10
- U9
- U7

WHAT ARE WE CURRENTLY DOING?



U7

Participants

- 6 years old and under

Playing Surface

- Full ice

Game Play

- 5v5 w/ goalie (stick only)
- Referees (sometimes)
- All rules
 - Blue line, ringette line, crease, free passes, goalie ring
- No penalties
- Coaches on ice
- 2 minute shifts

U9

Participants

- 8 years old and under

Playing Surface

- Full ice

Game Play

- 5v5 w/ goalie (stick only)
- Referees
- All rules
 - Blue line, ringette line, crease, free passes, goalie ring
- No penalties
- Coaches on ice
- 2 minute shifts

U10

Participants

- 9 years old and under

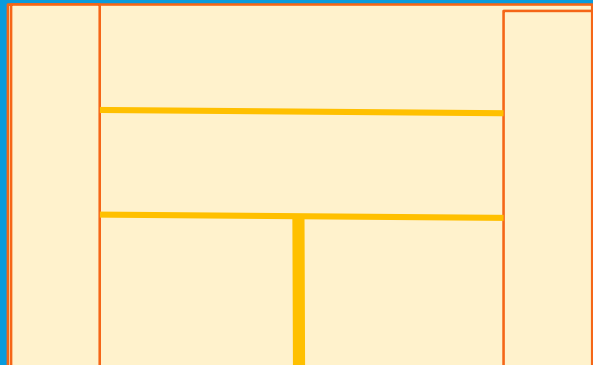
Playing Surface

- Full ice

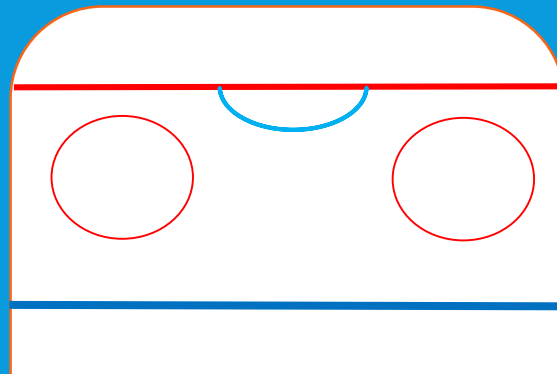
Game Play

- 5v5 w/ full goalie
- Referees
- All rules
 - Blue line, ringette line, crease, free passes, goalie ring
- Change on the fly

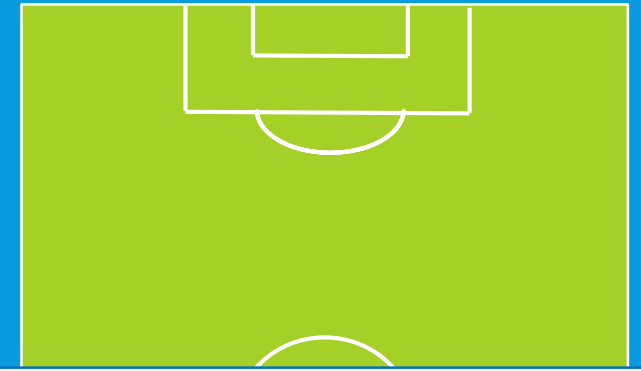
WHAT ARE THE OTHER SPORTS DOING?



Tennis



Hockey

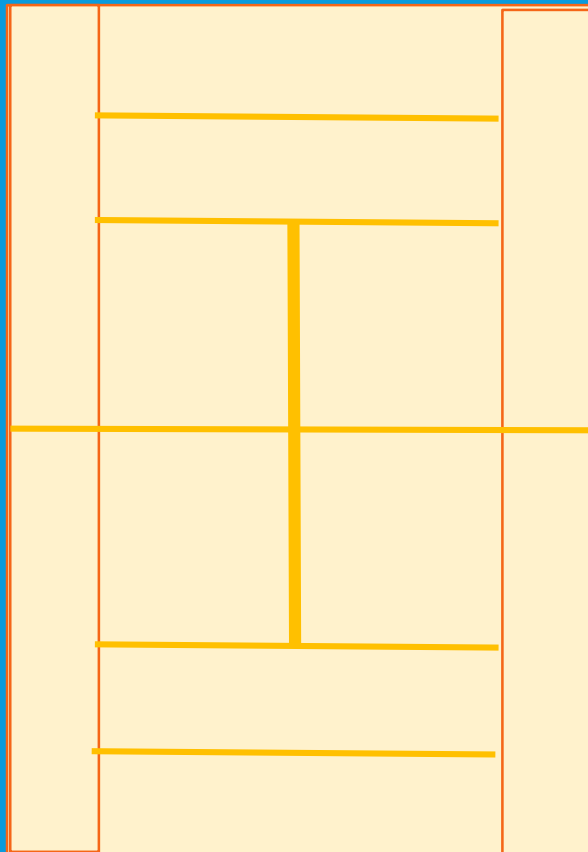


Soccer

WHAT ARE THE OTHER SPORTS DOING?



Tennis

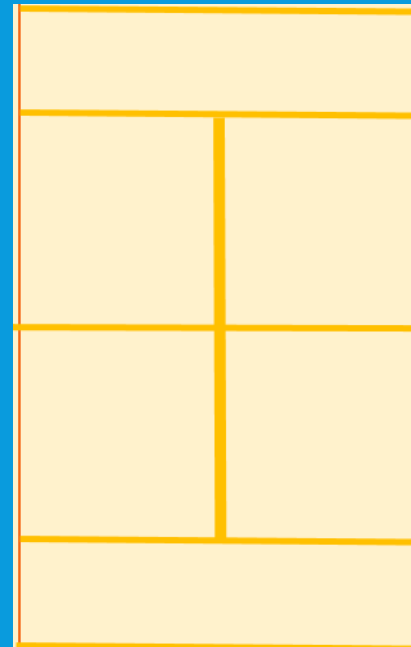


Full Sized Court

- 14+
- 78 feet x 27 feet

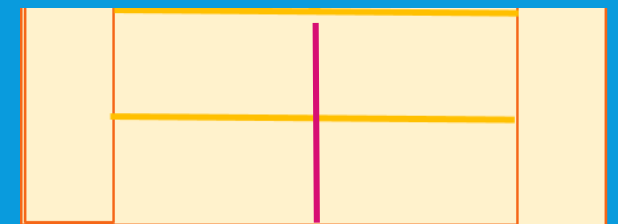
Mini Tennis

- Ages 7-10
- 60 feet x 21 feet



Cross Court Tennis

- Ages 4-8
- 36 feet x 18 feet



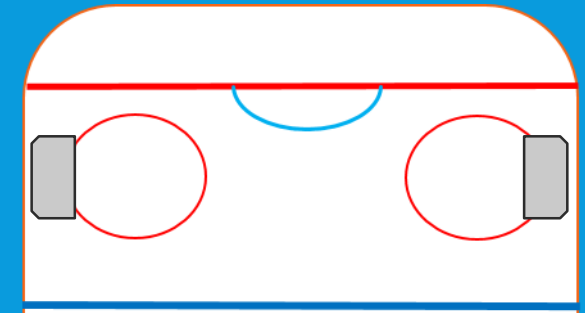
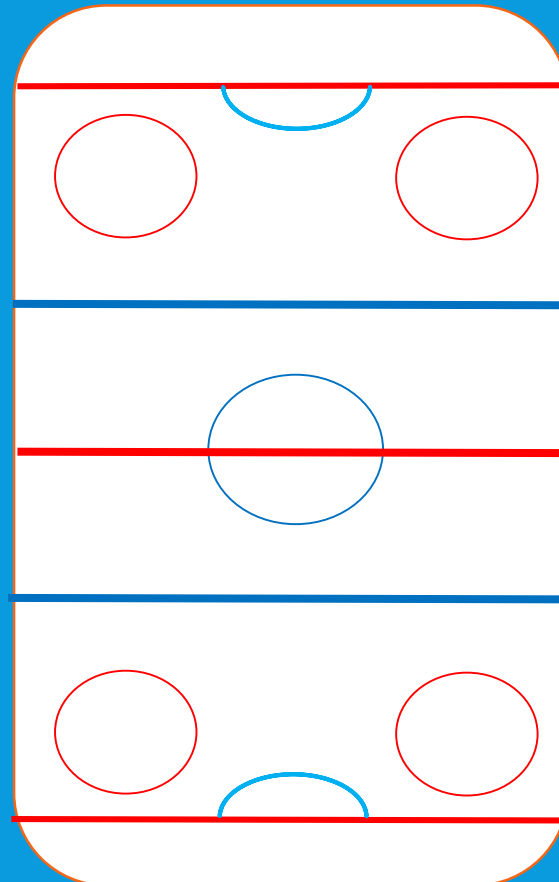
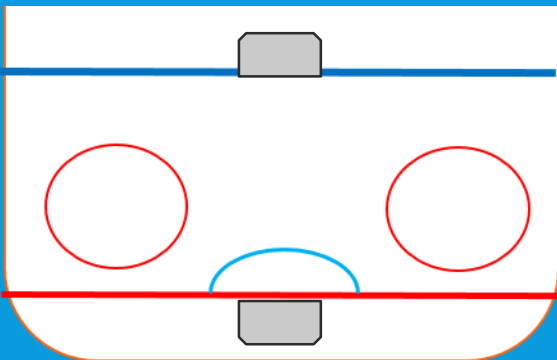
WHAT ARE THE OTHER SPORTS DOING?



Hockey

Half-Ice Hockey

- 7-8 years old
- Novice Program



Cross Ice Hockey

- 5-6 years old
- Initiation Program

Full Ice Hockey

- 9+

WHAT ARE THE OTHER SPORTS DOING?

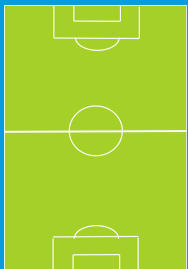


Active Start

- 5 and under
- No formal field
- Fun games using soccer skills in small spaces

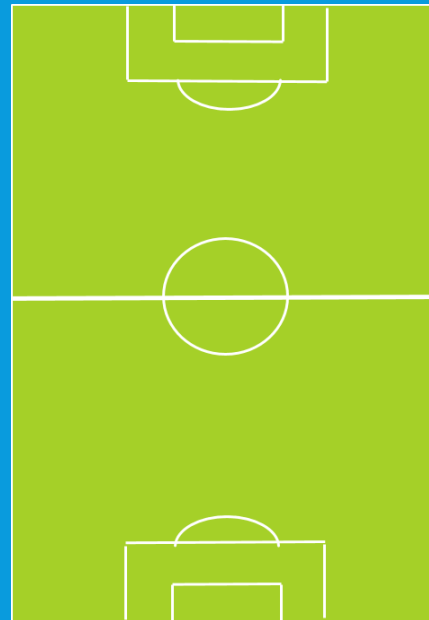
FUNdamentals Pitch

- 6-9 years old
- 30 meters x 36 meters



Learning to Train Pitch

- 8-12 years old
- 55 meters x 75 meters



Full Sized Pitch

- 13+
- 90 meters x 120 meters

Soccer



DID YOU KNOW...



In research completed by Hockey Canada, using NHL tracking techniques and technologies, it was found that when children play cross-iced hockey, versus full ice hockey, there were...

- 6x more shots on goal/player
- 5x more passes received/player
- 2x more puck battles/player
- 2x more puck touches/player
- 2x more pass attempts/player
- 2x more change of direction/pivots
- 1.75 shots/minute vs. 0.45 playing full ice

SO... WHAT ARE WE GOING TO DO NOW?



CHILDREN'S RINGETTE



- Our new Children's Ringette Program will focus on

**Age & Stage
Appropriate
Activities**

FUN

**Increasing
activity**

**Positive First
Contact Experiences**

Retention

WHY CHANGE IT?



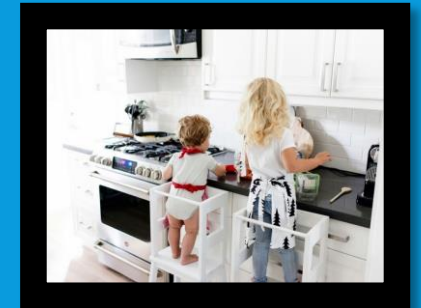
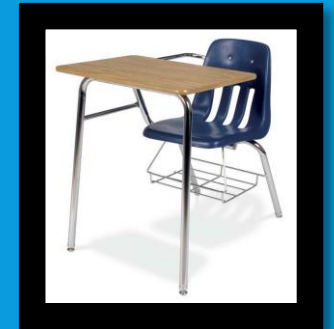
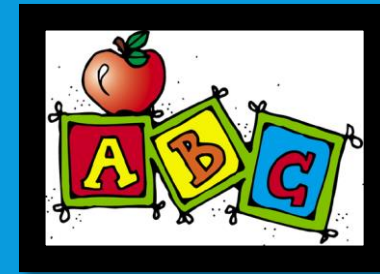
We make adaptations for children in every aspect of their life, so why not in Ringette?

School

- Smaller desks & chairs
- Lessons and content that are developmentally appropriate
- Child-sized gym and playground equipment

Home Life

- High Chairs & Booster Seats
- Smaller beds
- Stools to reach shelves
- Age Appropriate chores



We don't place adult expectations and rules on children at home or at school, so why should they be expected to play like adults in Ringette?

WHY CHANGE IT?



This winter, Ringette Canada released their Competition review.

- 1 of 6 key recommendations, was to create and implement a Children's ringette program for the FUNdamentals stage of development



Mandatory implementation 2019-2020

- 3 Divisions
 - FUNdamentals 1
 - FUNdamentals 2
 - Early Learn to Train

RINGETTE CANADA'S CHILDREN'S RINGETTE PROGRAM



Ringette Canada, along with the Provincial Sport Organizations, will introduce and implement the new Children's Ringette Program by the 2019-2020 season.

The new Children's Ringette program should

- Include cross ice, and small area ringette games
- Utilize small sized nets
- Not introduce full ice ringette until the Learn to Train Stage
- Continue to use adapted equipment and ice surfaces until children reach U12
- Place children in divisions based on skill level, then create balanced teams
- Refrain from showing the score during games, and instead emphasize fun and teamwork
- Create opportunities for **Meaningful Competition**

What is **Meaningful Competition**?

MEANINGFUL COMPETITION



What is Meaningful Competition?

- Provides experiences that support learning
 - A “we can get better” attitude
- Expected level of performance matches the skill level of the competitor
 - Age and Stage Appropriate Activities where children can perform the skills they learn
- Leads to results that are relatively close and not predictable
 - All participants believe they have a chance at success, and are full engaged throughout the competition

Lots of smiles

**Maximum
Participation &
Engagement**

**A back and
forth game**

**Opportunities
to practice
learned skills**

RIGHT SIZED NETS



CHILDREN'S RINGETTE



Goal

- Children's Ringette is an initiative to provide age and stage appropriate physical activity experiences for young ringette players under the age of 10.

Age Divisions

- FUNdamentals 1 (U8) FUNdamentals 2 (U10)

Major Characteristics

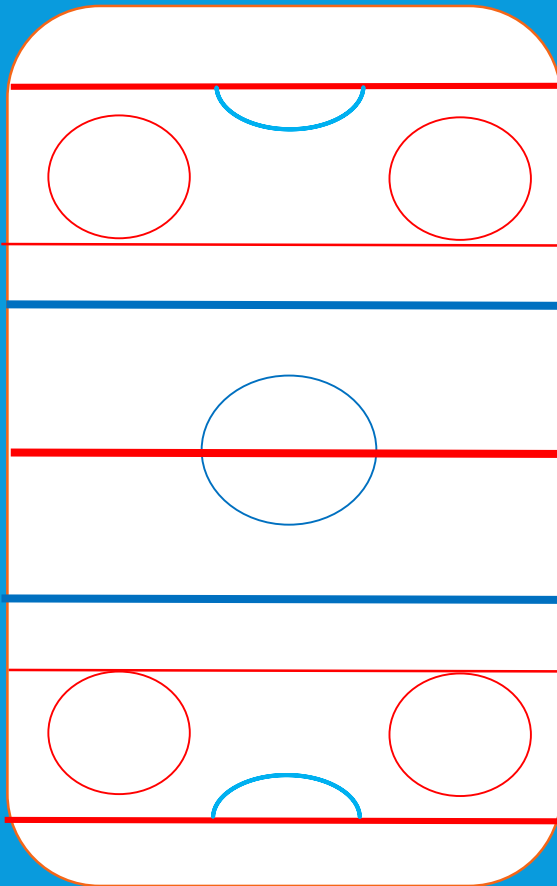
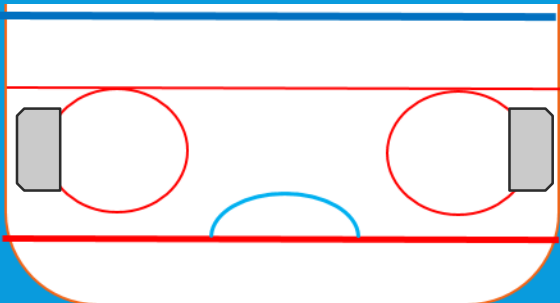
- Smaller spaced games (Cross Ice ringette & Mini Ringette)
- Smaller, "Right Sized Nets"
- Focus on fun and play
- Grouping children based on skill and readiness, rather than age



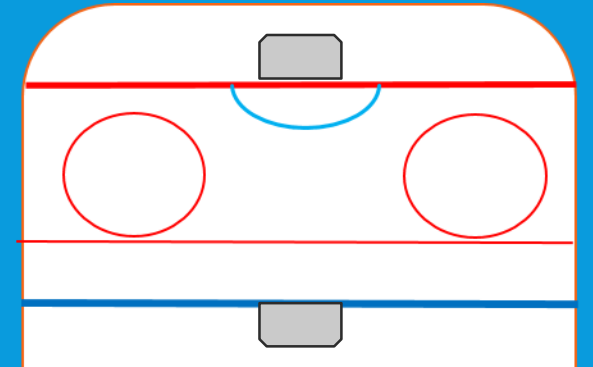
CHILDREN'S RINGETTE - TERMS



Cross-Ice Ringette



Full Ice Ringette



Mini Ringette

NEW - CHILDREN'S RINGETTE [2018-2019]



2 divisions to be implemented this fall

FUNdamentals 1

FUNdamentals 2

NEW - CHILDREN'S RINGETTE [2018-2019]



FUNdamentals 1

Participants

- Participants aged 4-7 (U8)
 - New to skating
 - Gaining confidence on the ice
 - Learning to fall, stand up and move safely
 - Learning basic game structure

NOTE: Active Start is an Optional Division for introduction and initial skill development (not a pre-req for future divisions).

FUNdamentals 2

Participants

- Participants aged 6-9 (U10)
 - New players aged 8&9
 - Learning to lengthen stride
 - Can glide independently and control speed and direction
 - Ready to learn basic rules of ringette (positions, blue lines)

U10

**Current Format
will remain for
2018-2019
season**

NEW - CHILDREN'S RINGETTE [2018-2019]



FUNdamentals 1

Team Formation

- Balanced teams

Playing Surface

- Cross Ice
- Small sized nets

Game Play

- Intra-Club (no league play)
- 3 v 3 (goalie optional)
- No Referees
- No blue line or ringette line
 - Hand draw 1 blue line partway through season
- Hand-drawn crease
- Coaches on Ice
- No penalties

FUNdamentals 2

Team Formation

- Balanced teams

Playing Surface

- Cross Ice & Mini Ringette
- Small sized nets

Game Play

- Intra-Club 50%, league play 50%
- 4 v 4 w. Goalie (stick only)
- No Referees
- 1 hand-drawn blue line → 2 hand-drawn blue lines
- Hand-drawn crease
- Coaches on ice
- No penalties
- 2 minute shifts

Early Learn to Train

2019-2020

“U10” will become

Early Learn to Train

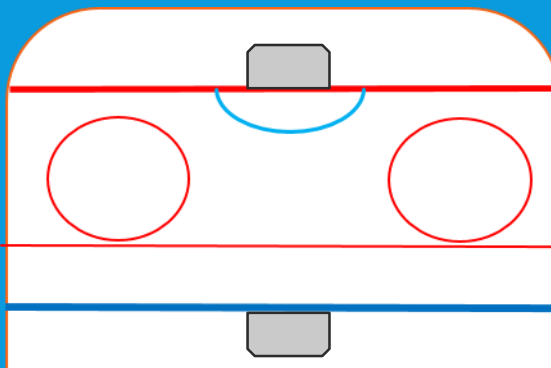
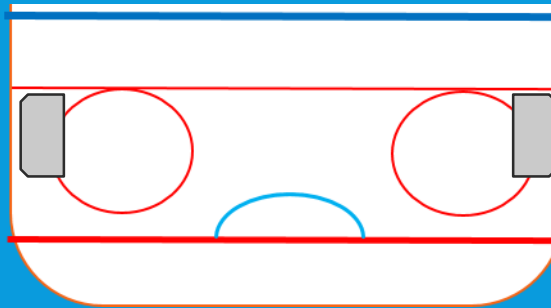
- Full ice
- Small Nets
- Referees
- 5 v 5 with full goalie
- Change on the fly

CHILDREN'S RINGETTE – IN REVIEW



FUNdamentals 1

- Cross ice
- Small nets
- No referees
- 3 v 3 (goalie optional)
- 2 minute shifts
- Intra-club play



FUNdamentals 2

- Cross ice & Mini Ringette
- Small nets
- No referees
- 4 v 4 with goalie (stick only)
- 2 minute shifts
- Intra-club & league play

DID YOU KNOW...



Ringette Finland



has been using cross ice & mini ringette with hand-drawn lines and smaller equipment in their U10 and under programs since

1992

They do not introduce full-ice ringette until participants enter U12.

HAS ANYONE IN BC DONE THIS ALREADY?



**Greater Vernon Ringette Association
& Shuswap Ringette Association**
implemented cross-ice Ringette for
their U7 and U9 participants during the
2017-2018 season



WHY THE OVERLAP IN AGE CATEGORIES?



FUNdamentals 1 (U8)

4-7 years old

FUNdamentals 2 (U10)

6-9 years old

- Allows associations to place children where they best fit, without worrying about age categories
- Allows younger, more skilled participants to play FUNdamentals 2, and an opportunity for older, newer participants to have an introductory year in FUNdamentals 1
- With the addition of Early Learn to Train in 2019-2020, associations will have even more options to place children in the division that best suits their physical and cognitive skill development

WHAT DOES THIS MEAN FOR REGISTRATION?



- Continue to register children as-is for now (U7, U9, U10)
- In the end of June, names in Karelo will change to
 - FUNdamentals 1 (U8)
 - FUNdamentals 2(U10)
 - U10 will remain the same
- Families may need guidance on whether to register in FUNdamentals 2 (U10) or U10. Based on their child's previous playing experience and skill level, make a recommendation.
 - Let them know that upon assessment in September, their child may be moved to the division where they best fit.
- Once all children have been assessed in the fall, they can easily be assigned to a different division in Karelo

DOES MY ICE ALLOCATION CHANGE?



Ice allocation will remain the same

- 1 hour time slots will still be more than enough for a cross ice, or mini ringette game
 - Set-up takes no more than 5 minutes
 - Warm-up can occur in the middle of the ice with 1-2 coaches while others set-up the nets and line markings
- With less players on the ice (3v3 or 4v4), in a smaller space, children will get more overall playing time, as well as more time directly involved in the play
 - While the game may start a few minutes later, the amount of playing time will likely increase

HOW DOES INTRA-CLUB & LEAGUE PLAY WORK?



Intra-club play

- Teams within the same association play against each other
 - One single team can create smaller, even teams for game days (since games are 3v3 or 4v4)
- Minimizing travel for introductory levels of sport
- Jamboree Days are welcome! Get in touch with your neighbouring clubs to schedule fun, cross-ice or mini ringette games
 - If you have more kids than you can fit in 2 mini games, do skill development or relays in the middle of the ice



League Play

- Playing neighbouring associations in scheduled game days
- Attempt to minimize travel – schedule associations that are close together

WHERE DO WE GET SMALL NETS FROM? AND HOW MANY DO WE NEED?



**Ringette BC has purchased 2 small sized nets
for every association.**

- You can purchase more from Canadian Tire, Amazon, or other sporting goods retailers.
 - Winwell Heavy Duty 52"
- To run two, cross ice or mini ringette games simultaneously, you will need 4 small sized nets
- Connect with your local Minor Hockey Association to inquire about sharing nets at different arenas.





OTHER RESOURCES

- Ringette BC will circulate the following documents
 - Skills at a Glance Documents for **FUNdamentals 1** and **FUNdamentals 2**
 - To come this summer
 - “**How-To-Play Cross Ice & Mini Ringette**” information sheets
 - Equipment required
 - Reminders of what lines to draw and when
 - Set-up instructions
- BC Hockey
 - <http://www.bchockey.net/Content.aspx?id=259>
- Ringette Calgary
 - <https://ringettecalgary.ca/information/asu10/>
- Ringette Canada Long Term Athlete Development Website
 - <http://ltrd.ringette.ca/athlete/athlete-development-matrix/>